

Dear Parent, ([en Español](#))

Freshman and Sophomore students in District 211 participate in a course called Wellness. This course meets the Illinois requirements for both physical education and health, and includes an integrated approach to learning about nutrition, fitness, decision-making and social-emotional health. As part of the curriculum, this course includes instruction on comprehensive sexual health education.

The topics covered during the sexual health education unit are required by the Illinois School Code (105 ILCS 5/27-9.1), and include the following: healthy relationships, communication and consent, sexual health, interpersonal violence, social media (including sexting) and internet safety, and sexual abuse and assault awareness and prevention (Erin's Law).

You are receiving this letter because your student's wellness course will begin the sexual health education unit this month. As a parent of a student in District 211, you have the ability, per Illinois school code, to request that your student be excused from participating in the sexual health education portion of the wellness curriculum. If you would like to have your student excused from the sexual health education portion of the wellness curriculum, please complete the following form: [Parent Excusal Request Form](#). If your child is excused, they will be provided alternate assignments in a different learning environment while the sexual health curriculum is being facilitated in their class schedule.

If you have questions about our District 211 Wellness curriculum, please feel free to contact your student's teacher directly. Parents also can access curricular information, including assignments and class activities, through Schoology, our digital learning platform.

Thank you,

Wellness Department Chair