



# WILLIAM FREMD HIGH SCHOOL NEWSLETTER

KURT TENOPIR, PRINCIPAL

November 2018

## FROM THE PRINCIPAL:

### What is the difference between a weighted and unweighted GPA?

Unweighted grade point averages (GPA) are based on averaging the grades of each course and calculated on a 4.0 point scale. The + and - attached to a grade are not included in the calculation. The weighted GPA is calculated with honors, accelerated and advanced placement courses having more value than other courses. Colleges and applications differ on whether weighted or unweighted GPA's should be included.

### What grade expectations should I set for my son or daughter in high school?

Families should have discussions as to the expectations they have of their children in terms of grades. If you have not had these discussions with your child, the 6 and 12- week progress grades can be a great starting point for creating expectations and setting goals for the next quarter.

Fremd has a minimum expectation that all students should earn C-s or higher in every course. From an academic standpoint, for a student not to earn a C- or higher, he or she has to truly choose to not engage in the class. Families should set grade goals unique to each child and above the minimum as appropriate.

Please communicate with individual teachers and your child's counselor for suggestions and areas that may need improvement if your child is not progressing as you would expect. There are many support systems available for your child during and after school. Some students take advantage of these opportunities on their own. Others need more help choosing wisely during their optional time. Either way, we are still early in the year and there is still time to improve if necessary.

### How does Viking Advisory and Mentoring Program (VAMP) change for freshmen second semester?

At the end of semester one, freshman students who achieve all C-s and higher will earn the privilege of an additional 25 minute of option time during lunch. Freshmen who have not yet met the minimum expectations will continue to meet during half of their option time during lunch in more of a guided study setting. It is vital that students consistently exhibit good academic habits early in their high school career as our coursework and expectations tend to become more comprehensive each year of high school.

Sincerely,

Kurt Tenopir  
Principal



## FALL REMINDER

Now that it is getting colder, please make sure your child keeps a sweater or sweatshirt in his/her locker in case some room temperatures are occasionally cooler than normal. The School Board policy regarding "no coats and/or jackets" is in effect all year.

## PREPARE FOR HOLIDAY GIVING

### Grant-A- Wish Program

The FHS National Honor Society will be kicking off their annual Grant-A-Wish drive beginning November 20. The FHS National Honor Society will fulfill about 350 wishes for underprivileged children in the Chicago area. December 10 is collection day with gifts being delivered to the children on December 11. NHS members will have the opportunity to read and play with some of the children after they deliver the gifts.

### NHS YHOP

Also, past NHS Officer Kellie Kinsella started the Youth Hunger Opposition in Palatine (YHOP) to help assist the Palatine Food Pantry ([www.yhop.org](http://www.yhop.org)). To help keep the food pantry supplied, Fremd NHS members will run a bake sale during a Fremd basketball game. Fremd's NHS feels that no one should be hungry in Palatine, and it is their mission this year to make sure they do their very best to help the Palatine Township Food Pantry support the community.

## VIKING TUTORING CENTER

The Viking Tutoring Center is the perfect place for students to come throughout the day for extra support in academic areas. Academic teachers in Mathematics, Science and English are available. The English, Math and Science departments periodically use the tutoring center for remediation. The tutoring center also offers academic resources including computers, textbooks, and calculators. The center is also staffed with peer tutors who have been trained to work one-on-one with students in a variety of subjects. The Guided Study Hall program is also supported in the tutoring center. Fremd student athletes are encouraged to use the tutoring center to fulfill the eligibility requirements established by IHSA.

Students are encouraged to utilize tutoring services during their lunch hours, free periods, or study halls. Tutoring Center hours are Monday - Friday from 7:00 a.m. - 2:45 p.m. and Tuesday - Thursday after school from 3:00 p.m. - 5:00 p.m. If staying after school for tutoring, a pass for the late bus (either 4:00pm or 5:25pm late bus) can be obtained by your student from the teacher your student worked with in the tutoring center. For more information, please feel free to contact your student's administrator. Additional information can be found on our website at: <http://fhs.d211.org/info/services/tutoring-center/>

## CLASS OF 2023 HARPER PROMISE SCHOLAR PROGRAM

Sign up for the Promise Scholarship Program by December 15.

### What is Harper Promise scholarship?

A scholarship offered to every student in Harper's district that would fund up to two years of college.

What if we could remove financial barriers for every hard-working high school student who wanted to go to college? Think of the possibilities for students, parents and our local workforce. **Two years of college. Tuition free.**

Under the Harper College Promise Scholarship Program every student in the district can earn up to two years of tuition if they're willing to do the things in high school that will make them successful in college and in the workplace - maintain solid grades, have good attendance, don't repeat classes and provide service to their community. Visit the Harper college website to learn more.

## VIKING PRIDE AWARD PROGRAM

The Viking Pride Recognition Program is beginning its 21st year at Fremd High School. Approximately 20-25 students are recognized weekly (during the second half of both semesters) on the school's public address system based on nominations from our faculty. Each teacher has the opportunity to nominate two students per year for this honor. The reason we call this Viking Pride is that P.R.I.D.E. is an acronym for Personal Responsibility In Developing Excellence. Under this broad criteria, teachers can recognize those who achieve at a high level of academic excellence; have turned a personal setback from a negative to a positive; or whose behaviors reflect respect and empathy.

When names are read, students come down to the principal's office and learn what special comments a teacher has made about them. The principal then presents them with a certificate as a remembrance of their efforts.

Follow us on Twitter!  
Get your news and updates by following @  
FremdVikings on Twitter.  
Here, you will find general information about  
the school calendar, reminders  
and upcoming events.

Follow Mr. Tenopir's blog  
Receive notifications about FHS by going to  
<https://fremdprincipal.wordpress.com> and  
enter your email in the space provided.



If you require assistance while visiting our school, please contact the principal's office at (847) 755-2600. For individuals who are deaf or hard of hearing, please access the following TTD/TTY telephone number: (847) 755-2654.

## dates to remember

November 20	Blood Drive (7:30 a.m.-2:00 p.m.)
November 21	Non-Attendance Day
November 22/ 23	Thanksgiving Break - No School
December 6-8	Winter Play (Kolze Auditorium, 7:00 p.m.)
December 8	Booster Craft Fair (Throughout school, 9:00 a.m.-4:00 p.m.)
December 11	Choral Concert (Kolze Auditorium, 7:00 p.m.)
December 12	Incoming Freshmen Parent Night – 8:00 a.m.-12:00 p.m.
December 13	Band Concert (Kolze Auditorium, 7:00 p.m.)
December 19-21	Finals
December 24-January 4	Winter Vacation
January 7	Teacher Institute Day
January 8	Opening Day of Second Semester

### REPORTING ABSENCES – COLLEGE VISITS, EXTENDED FAMILY VACATIONS/EMERGENCIES

Please call the Attendance Office (847.755.2670) two school days prior to a college visit or vacation absence from school. A pre-excused pass will be issued. The student should pick up the pass the following morning in the Attendance Office and procure the signatures of all instructors. The signed pre-excused pass is returned to the Attendance Office at the end of the same school day. All college visits need to be cleared as a pre-excused absence. Failure to do so will result in the absence being counted as a regular excused absence. When calling the Attendance Office, please have the STUDENT IDENTIFICATION NUMBER readily available.

### 5ESSENTIALS ONLINE SURVEY

High School District 211 will administer the 5Essentials Survey, a tool used to assess school climate and meet a survey mandate by the Illinois State Board of Education. The 5Essentials Survey will provide meaningful data to District 211, including people's perceptions about the effectiveness of school leadership, collaboration amongst teachers, involvement of families, environmental supports, and ambitiousness of instruction. Students will be asked to complete the online survey while in school between late November and early December. Parents will receive information about accessing and completing the 10-15 minute online survey in late November.

### RAH'S 8TH ANNUAL EVENT

Realtors Against Homelessness & District 211 Foundation would like to invite you to their annual event on November 7, 2018 from 5:00 p.m.-9:00 p.m. at Stonegate Banquet Centre, 2401 W. Higgins Road, Hoffman Estates. Included will be food, live auction and raffles and a musical performance by "7th heaven." For tickets or donations please visit [RAH211.com](http://RAH211.com).



### PROJECT LEAD THE WAY

There will be a Project Lead the Way informational meeting at William Fremd High School at 7:00 pm on November 27 2018 in the media center. Parents and students that are interested in this unique opportunity are encouraged to attend. If you have questions about these events, please contact [phardy@d211.org](mailto:phardy@d211.org).

This Principal's Newsletter is computer-designed and photocopied at school on recycled paper for William Fremd High School parents.  
William Fremd High School • 1000 S. Quentin Road  
Palatine, IL 60067 • (847) 755-2600

### KUDOS TO STAFF AND STUDENTS:

- Congratulations to the September English Student of the Month **Zoe Hannon**.
- Congratulations to the Viking Marching Band for their performances at two local marching band competitions (Benedictine University and Wheaton North HS). The band was awarded the "Outstanding Music Award" for the highest music score out of 11 performing bands at the Wheaton North HS "Falcon Marching Band Festival." The VMB is directed by **Matt Moore** and **JT Teichert**.
- Congratulations to The Girls Cross Country Team on winning the Warren Invite! The following earned awards: **Julia LaDuke** (10th), **Rebecca Markham** (11th), **Julia Finegan** (13th), and **Emme Beaupre** (22nd).
- Congratulations to the 2019 National Merit Commended Students: **Rachel Anderson**, **Samruddhi Ayachit**, **Alexander Baraban**, **William Cai**, **Shravya Chanamolu**, **Riley Corrigan**, **Theresa Hopkins**, **Sidharth Karnam**, **Swathy Karthikeyan**, **Deborah Kim**, **Yoo Chan Lee**, **Vikram Marmer**, **Austin Mei**, **Michael Murakami**, **Neel Murthy**, **Ken Nakajima**, **Sajni Petel**, **Samuel Quinn**, **Amanda Randunne**, **Oleksandra Shashikova**, **Christina Sieben**, **Nick Szoblik**, **Yansong Tang**, **Abhyudhaya Venkatasubramanian**, **Adam Wysocki**, **Patrick Yoon**, **Justin Yung**, **Jakob Zemba** and **Angela Zhao**.
- Congratulations to Coach **Joe Marcin** and the Girls Cross Country Team on winning 3rd place (out of 31 schools) at the Peoria Invite.
- Congratulations to the following 14 Fremd choir students on being selected for the District 7 Illinois Music Education Association (ILMEA) Choir. The audition included over 50 schools in the Northwest and Northern suburbs and hundreds of students. **Congratulations Nicole Allans**, **Denise Carlson**, **Bailey Dean**, **Anmol Desai**, **Jason Freer**, **Anthony Green**, **Kassie Hamilton**, **Zoe Hannon**, **Holden Meier**, **Ethan Nehls**, **Jake Petrie**, **Yash Ramanujam**, **Vikas Reddy** and **Aliyah Stark**.
- Congratulations to golfers **Collin Robinson** and **Nathan Schmidt** on qualifying for the State tournament.
- Congratulations to Coach **Joe Marcin** and the Girls Cross Country Team on earning 4th place at the Conference Meet. The following athletes earned all-conference honors: **Varsity Race-Rebecca Markham** (10th), **Julia LaDuke** (16th), **Emme Beaupre** (20th), **Marisa Ban** (24th), **Open Race-Audrey Klink** 13th. The girls varsity team will compete in the IHSA State Regional.
- Congratulations to Coach **Curt Pinley** and the Fremd Volleyball program on a very successful season. As a program, Fremd finished with a conference record of 46-4. The team has won 5 tournaments as a program so far this season. The Fremd Freshmen A Team went undefeated in conference, 10-0 under coach **Mark O'Kelly**. All other levels have conference records of 9-1, and won a share of MSL West Division at their level. The Varsity program won the MSL West Division for the third year in a row, while also winning the Grayslake North Invite.
- Congratulations to the Fremd Congressional Debate Team for earning 1st Place Sweepstakes among large schools at the ICDA tournament at Rolling Meadows High School. The following varsity debaters earned individual awards: **Shreya Mukherjee**, 2nd Place Tournament Speaker, 1st Place Chamber Award, and Best Presiding Officer; **Andrew Son**, 1st Place Chamber Award; **Kylie Zhang**, 1st Place Chamber Award; **William Zhong**, 1st Place Chamber Award; **Maegan Jong**, 1st Place Chamber Award; **Aditya Prathap**, 1st Place Chamber Award; **Austin Mei**, 2nd Place Chamber Award; **Mayank Bhatia**, 3rd Place Chamber Award; **Shriya Nagubandi**, 3rd Place Chamber Award; **Eileen Peng**, 3rd Place Chamber Award; **Michael Murakami**, 3rd Place Chamber Award; **Swathy Karthikeyan**, Best Presiding Officer; **Keya Patel**, Best Presiding Officer; **Ameena Madani**, Best Presiding Officer; **Sid Karnam**, Best Presiding Officer. The following novice debaters also earned an individual award: **Luis Xu**, 1st Place Novice Chamber Award; **Aditya Maddali**, 1st Place Novice Chamber Award; **Maggie Wu**, 2nd Place Novice Chamber Award; **Chris Kazantzis**, 3rd Place Novice Chamber Award; **Amelia Lin**, 3rd Place Novice Chamber Award; **Amol Shah**, 3rd Place Novice Chamber Award.
- Congratulations to the Fremd Debate Team for their achievements at the Schaumburg Saxon Invitational. The following varsity debaters earned awards: **Michael Murakami** and **Bill Gao**, 1st Place Varsity Public Forum Team. The following junior varsity debaters earned awards: **Eddie Zheng** and **Souvik Ghosh**, 5th Place Junior Varsity Public Forum Team; **William Zhong**, 5th Place Junior Varsity Speaker. The following novice debaters earned awards: **Siya Taparia** and **Nina Milojkovic**, 1st Place Novice Public Forum Team; **Maggie Wu** and **Gabe Seidman**, 2nd Place Novice Public Forum Team; **Gabe Seidman**, 2nd Place Novice Speaker; **Amelia Lin**, 3rd Place Novice Speaker; **Siya Taparia**, 4th Place Novice Speaker; **Giuliana Martinez**, 5th Place Novice Speaker.
- Congratulations to the Fremd Debate Team for their achievements at the Schaumburg Saxon Invitational. The following varsity debaters earned awards: **Michael Murakami** and **Bill Gao**, 1st Place Varsity Public Forum Team. The following junior varsity debaters earned awards: **Eddie Zheng** and **Souvik Ghosh**, 5th Place Junior Varsity Public Forum Team; **William Zhong**, 5th Place Junior Varsity Speaker. The following novice debaters earned awards: **Siya Taparia** and **Nina Milojkovic**, 1st Place Novice Public Forum Team; **Maggie Wu** and **Gabe Seidman**, 2nd Place Novice Public Forum Team; **Gabe Seidman**, 2nd Place Novice Speaker; **Amelia Lin**, 3rd Place Novice Speaker; **Siya Taparia**, 4th Place Novice Speaker; **Giuliana Martinez**, 5th Place Novice Speaker.
- Congratulations to Coach **Darius Sanchez** and the Boys Cross Country team on qualifying for the IHSA Sectional Meet. The team went into the meet ranked 7th and finished 5th.
- Congratulations to Coach **Curt Pinley** and the Girls Varsity Volleyball Team on their 2nd place finish in the 10 team Lake Park Invite. The Varsity finished the regular season with a 28-7 record and a 9-1 record.
- Congratulations Girls Varsity Volleyball athletes **Maddie Aichinger**, **Peyton Hooker** and **Heidi Sayre** on being named Daily Herald All-Area Selections.
- Congratulations to the Girls Freshman Volleyball team on their 2nd place finish at the Fremd invite. The team finished the season 26-4, and a perfect 10-0 conference record.
- Congratulations to Coach **Joe Marcin** and the Girls Cross Country Team on qualifying for the Sectional round in the state series after the team earned 2nd place at Regionals. Individually, **Emme Beaupre** placed 7th, **Rebecca Markham** 8th, **Julia LaDuke** 13th, **Emma Odle** 22nd, **Marisa Ban** 24th, **Julia Finegan** 25th, **Sara Nolting** 32nd.
- Congratulations to the Fremd Congressional Debate Team for earning 1st Place Sweepstakes among large schools at the ICDA tournament at Adlai E. Stevenson High School. The following varsity debaters earned individual awards: **Ameena Madani**, 2nd Place Chamber Award and Best Presiding Officer; **Aditya Prathap**, 2nd Place Chamber Award; **Andrew Son**, 2nd Place Chamber Award; **Varsha Krishnan**, 3rd Place Chamber Award and Best Presiding Officer; **Varun Kompala**, 3rd Place Chamber Award; **Rachel Ye**, 3rd Place Chamber Award; **Sufiya Shazia**, 3rd Place Chamber Award; **Chris Kazantzis**, 3rd Place Chamber Award; **Mayur Popuri**, 3rd Place Chamber Award. The following novice debaters earned individual awards: **Eric Fei**, 1st Place Chamber Award; **Amol Shah**, 1st Chamber Award; **Luis Xu**, 1st Place Chamber Award; **Aditya Maddali**, 2nd Place Chamber Award and Best Presiding Officer; **Arnav Sangamnerker**, 3rd Place Chamber Award.
- Congratulations to the following Girls Tennis players on their success at the State tournament: **Kellie Ha** & **Diya Matta**: top 16 in doubles and **Kyra Emmanouilidis** & **Akari Matsuno**: 4th place in doubles.