



WILLIAM FREMD HIGH SCHOOL NEWSLETTER

KURT TENOPIR, PRINCIPAL

July 2018



FROM THE PRINCIPAL:

Education is one of the few arenas where we enjoy the feeling of accomplishment that comes with closure in June and the renewed excitement that accompanies a new beginning in August. As our summer vacation draws to a close, we may find ourselves thinking about the upcoming year and all the opportunities it will bring. As principal, I anticipate working with talented students, supportive parents and dedicated teachers whose work serves to carry on the great tradition of excellence at Fremd. It is my hope that this tradition of excellence is a source of inspiration for the nearly 700 new freshman students we will welcome to Fremd High School this fall.

As you and your family prepare for the new school year, please think about how you will define success. Good grades and competitive achievement may be on your list. I would like you to consider that success is also about striving for self-acceptance, commitment to relationships, self-determination, creativity, enthusiasm, and service to others. After all, it is the individual growth that each student experiences in their four years at Fremd that is of utmost importance.

Consider what you would like your legacy at Fremd to be and start that journey off right. May you and your family enjoy the remainder of the summer, and I look forward to an exciting and successful school year for all of us.

Sincerely,

Kurt Tenopir
Principal

*Follow Mr. Tenopir's blog
Receive weekly updates about FHS by
going to fhsprincipal.blogspot.com and
entering your email in the space provided.*

JOIN THE PRINCIPAL

Meet with Mr. Tenopir for Parent Principal Network meetings. Perspectives, concerns and information will be shared in a smaller, more informal setting. The first meeting will be on Tuesday, September 11th from 6:00-7:00 p.m. in the Library with discussion centered on events for the start of the school year. Please drop in to this first meeting. If you are interested in receiving email reminders for the 2018-2019 meetings, please email the principal's secretary, Donna Adcock at dradcock@d211.org indicating your interest. Future meetings will be posted on the Fremd website under the Parent tab and this newsletter.

iPAD PICK UP INFORMATION

Students fully registered for the 2018-2019 school year will be eligible to pick up their iPads between the hours of 8am and 11am on July 19, July 26, and August 2. There will be an evening pick-up time on August 9 from 3pm to 7pm. If your child cannot attend during those times they can pick up their iPad on the first day of school on August 13. Each student has the opportunity to obtain optional District 211 iPad protection coverage at a cost of \$25 which provides repair and replacement cost coverage and protects the iPad on and off school grounds for 12 months. Information about iPad pickup, including how to register for a specific time slot, will be updated on the FHS website by July 13.

FOOD & NUTRITION SERVICE PROGRAMS

The food & nutrition services department offers breakfast, lunch, and a la carte options daily. Complete lunch prices range from \$2.45 to \$3.00, and breakfast is available for \$1.55. Menus are online at: <https://adc.d211.org/operations/food-service/menus/>

The food service prepayment option is a convenient way to ensure students have funds for meals daily. Beginning this school year, credit card payments can be made using the new food service payment system at www.myschoolbucks.com. Parents will need to set up a new account in order to access the system. Once a child's account is established, parents can receive low balance alerts, set up automatic account replenishment, and view purchase history. Parents can also add funds by sending a check or cash prepayment to the school cafeteria. Account balances for underclassmen are carried over to the fall. Balances may be obtained in the cafeteria or by viewing their online payment account.

The online meal application for the 2018-2019 school year will be available in late July. A parent or guardian may submit a meal application for free and reduced-price meals by going online to www.nlappscloud.com to complete the meal application or by contacting your school's food service department for a hardcopy meal app. A new application must be completed each school year to qualify for meal benefits.

WELCOME TO THE CLASS OF 2022

Freshman students are invited and encouraged to "kick-off" their upcoming Fremd experience with a tour and tailgate event on Tuesday, August 7th from 11:00 a.m. until 1:00 p.m. Students will be given a copy of their schedules so classrooms and lockers can be located. Current students will be on hand to answer questions, give directions and help you catch that Viking Pride. In addition, information on clubs and activities will be available so that students can get involved right away. The event is sponsored by the Viking Advisory and Mentoring Program. If there are any questions, please contact student services at 847-755-2630

Follow us on
Twitter!

Get your news and updates by following [@FremdVikings](https://twitter.com/FremdVikings) on Twitter. Here, you will find general information about the school calendar, reminders and upcoming events.

dates to remember

August 3	Athletic on-line registration due for fall sports participants All athletes must have a current physical on file in the nurse's office. <i>Physicals are valid for 13 months.</i>
August 6	Football, Golf, & Cheer practices begin
August 8	All remaining fall sports practices begin.
August 7	Freshman Kick-Off Program (11:00 a.m. - 1:00 p.m.)
August 13	Opening Day of School
August 30	Open House 7:00 p.m. (11:50 a.m. early dismissal)
September 3	Labor Day - No School
October 5	Homecoming

WELCOME NEW TEACHERS

Please join us in welcoming the following new faculty members to Fremd High School:

<u>Administration:</u>	Kathryn Johnson Dean of Students
<u>Art:</u>	Alexandra Zeller
<u>Business:</u>	Andrew Peterson
<u>FCS:</u>	Jennifer Johnson
<u>Math:</u>	Angela Wang
<u>Special Education:</u>	Patrick Craig
<u>Student Services:</u>	Jennifer Ping
<u>World Language:</u>	Wei Wang

PSAT/NMSQT OCTOBER 10

On October 10, Fremd High School will offer the PSAT/NMSQT during the school day. The PSAT/NMSQT exam is used to qualify students for the National Merit Scholarship program. Only students who participate in the PSAT/NMSQT **during their junior year** may be eligible for this scholarship. Information regarding this test can be found on the College Board website at www.collegeboard.org. Information regarding on the how to register for this exam will be available on the Fremd Website in August or you can contact Tony Tosh at 847-755-2630.



If you require assistance while visiting our school, please contact the principal's office at (847) 755-2600.
For individuals who are deaf or hard of hearing, please access the following TTD/TTY telephone number: (847) 755-2654.

This Principal's Newsletter is computer-designed and photocopied at school on recycled paper for William Fremd High School parents.
William Fremd High School • 1000 S. Quentin Road Palatine, IL 60067 • (847) 755-2600

I.D. AND MORNING ENTRANCE PROCEDURES FOR ALL STUDENTS AND STAFF FOR 2018-2019

As Fremd High School continues to provide your child with a well-balanced, challenging high school experience, we also seek to make our building as safe and secure as possible. The ability to easily identify students and staff improves school safety and security. Therefore, students and staff are required to wear and properly display a current school-issued I.D. card upon entering the school building and while on school grounds. Students who occasionally forget their I.D.'s will be immediately issued a temporary I.D. upon entering the building. This temporary I.D. will NOT give the student any privileges beyond identification to check out books and pay for food through a previously established school lunch account. Any privileges that would be identified on the original I.D., such as off-campus lunch, will not be available to the student until the original I.D. is worn or the student has purchased a replacement I.D. Students who have their I.D. but choose to not display it properly could be subject to disciplinary consequences. As in previous years, a \$3 fee is charged to replace a lost or invalid I.D. card. Additionally, students will be given 3 free temporary I.D. cards per semester. The 4th and all subsequent I.D. cards will cost \$1.00 per ID.

Visitors entering the building through Entrance #1 will continue to be required to produce a valid state I.D. that will be scanned through the V-Soft registration system. This registration system has the ability to track visitors and provide alerts on visitors who may jeopardize the safety of the school campus. All data collected is exclusively for the use of the school, school district, and law enforcement. It is stored at the highest security level.

Students may enter Entrance #1 beginning at 6:00 a.m. Students who are wearing their ID cards appropriately may enter through Entrance #6 starting at 6:30 a.m. Students who do not have their I.D. may only enter through Entrance #1 where temporary I.D. cards are printed.

To create a safer parking lot and to ease traffic congestion, please adhere to the following guidelines and procedures when entering our parking lot.

- Left turns into the parking lot off of Illinois are prohibited from 7:00 a.m. to 3:00 p.m.
- A uniformed officer will be stationed at the Quentin Avenue entrance to regulate traffic flow.
- Buses will enter the lot from Illinois Avenue and exit onto Quentin Avenue.
- Drop-offs and pick-ups are prohibited in the bus lane.

STUDENT DRESS IMPORTANT

Maintaining a safe, secure and productive educational environment is a high priority in District 211. Proper attire helps create an atmosphere conducive to learning. Parents should be aware that certain items like coats, jackets, caps, hats and head coverings for all students (except as required for religious or medical purposes) are not permitted to be worn in classes or the halls during the school day. Clothing which includes references to alcohol, illegal substances, tobacco, or gangs is unacceptable as well. In addition, clothing which depicts graphics or wording with sexual, vulgar, lewd, or indecent meanings or connotations is prohibited.

While our students have wide latitude when dressing in compliance with our dress code, it is important to remember that certain types of dress are not appropriate in an educational environment and may interfere with the maintenance of a positive educational climate. With media images and clothing establishments promoting styles that may be improper for purposes of educational and school activity, the students, staff, and parents at Fremd have identified specific standards in order to facilitate implementation of our District dress policy and preclude any misunderstanding as to dress code guidelines. When shopping with your son/daughter for school clothes, please keep the following guidelines in mind.

- Skirts and shorts must be worn at a reasonable length (no shorter than an arm's length when arms are fully extended at sides of body).
- Tops must have straps.
- Necklines should not fall below an imaginary horizontal line between the underarms.
- The bottom hem of tops should overlap pants or skirts. No midriff exposed.
- No undergarments should be exposed. This includes through sheer fabric or out of low-riding or loose fitting pants.

Parents, please assist us in monitoring your student's dress at school. Please know that the majority of students at Fremd already follow these guidelines. Everyone's compliance helps create a healthy and productive environment and encourages respect for ourselves and each other.

MANDATORY PRE-SEASON ATHLETIC MEETING

All students, along with one parent or guardian, who wish to participate in Fremd athletics, are required to attend their team's mandatory pre-season meeting. Each individual program will notify students and parents of the date, time and location of the pre-season meeting.

Topics discussed will include: program expectations, D211 Athletic Code of Conduct and D211/HSA academic eligibility requirements. This meeting also serves as a way for parents to meet their son/daughter's coach and ask questions before the actual athletic competitions begin. If a parent or student fails to attend the pre-season meeting, the student will be restricted from competition until a make-up session can be scheduled. If you have any questions, please contact the Athletic Office at (847)755-2770.