



From the PHS Student Services Department

Vaping Presentation by Parent University Thursday, March 14, 2019
7:00 PM - 8:15 PM PHS Auditorium

Vaping Vogue

Vaping has become the latest trend among the youth and young adult. Vaping, or Juuling as it is often referred to by teens and young adults (named after a popular vape device called JUUL), is the inhaling and exhaling of an aerosol produced by using a vape device. This device is often battery operated that helps heat a metal coil to dispense some liquid called "vape juice" which contains flavored chemicals

A sense of curiosity, followed by the ease of availability, variety of flavors and the belief that they are safer than cigarettes have spurred their popularity. Some e-cigarettes are designed to resemble regular cigarettes, while others look more like cigars, pipes, pens and even USB flash drives. This ease of use and ability to camouflage encourages the practice of vaping in schools, sometimes even in classrooms.

Vaping is greatly increasing nicotine use, especially among adolescents. Teens are increasingly becoming interested in "cloud competitions," and showing off on social media.

Important Dates

Late Start	3/5
College Planning Night	
For Juniors:7:00pm	3/6
D211 Career Expo at Schaumburg High School	
4:30-6:30pm	3/13
Vaping Presentation	3/14
Late Start.	3/19
Spring Break	3/25 - 3/29

Some Facts

- Largest Year-to-Year Increase in Substance Use Ever Recorded in the U.S.
- One in five seniors have vaped in the past 30 days (MTF report Dec 17th 2018)
- One in three 12th graders reported using a vaping device in the past year, it's imperative that parents are informed of the potential dangers that can result from vaping.
- Nicotine and marijuana are harmful to developing brains, vascular systems and lungs.
- Flavored "vape juice" often containing chemicals and nicotine, even marijuana oil.
- There are about 7,000 kid-oriented flavors offered along with about 400 types of devices.

Future Important Dates:

SAT for Juniors and PSAT	
10 for Sophomores	4/9
PSAT 8/9 Class of 2021	4/10
Late Start	4/16
Summer-School registration	
Freshmen-Juniors	4/17
Non attendance day	4/19

What YOU can do.

- Talk to your adolescents about the dangers of vaping.
- Get resources available online at <https://drugfree.org>
- Presentation by SADD PHS
- Kenneth Young Center Presentation
- Guide on Vaping (drugfree.org)

