



UP-DATES

Dedicated to reducing the achievement gap among adolescents in Palatine so that they are all self-reliant and fulfilling their purpose by age 24

FOOD PANTRY HOURS

PATH Community Closet and All Saints Church Food Pantry

Food Distribution

Saturday mornings 9-11am
Drive thru process at the
Community Resource Center
1585 N. Rand Road, Palatine

Food Donations Needed

Accepted on Thursdays 10-12pm
At the side door of the
Community Resource Center located
on the Walmart side of the building.

Greatest Needs:

Cereal – Cheerios is a favorite
Creamy peanut butter
Dry pasta- elbow macaroni,
spaghetti, penne rigatoni
White rice

Monetary donations are welcomed.
Checks can be made out to *All Saints Lutheran Church* with Food Pantry written in the memo. Mail to:
All Saints Lutheran Church
630 S. Quentin Rd,
Palatine, IL 60067
Or bring directly to the food pantry on
Thursdays between 10am-12N.

Email:
foodpantry@allsaintspalatine.org

Dear UP Partners,

In these challenging times I hope you all are okay, and taking care of yourselves and each other. Things continue to change and accelerate on a daily basis, requiring us to be flexible, adaptive and patient. Many of us feel 'off balance' and want to take action. However, unless you are part of the essential workforce, you have been asked to stay home to prevent the spread of the virus. Protecting your own health and safety is important because when we get to the other side of this crisis, our community will need our services and support more than ever to recover from the impact of COVID-19.

Be well,
Anne Campbell

March 2020

Sikh Religious Society offering a Help Line and Volunteer Opportunities

Needs form:

<https://forms.office.com/Pages/ResponsePage.aspx?id=yuhP4vub80CrLmxBgIBO0a1baVOA72ICubHBoWI2EChUQkpQR1g4MjFXRzVZMDRTVVJMUIUzQzRNWS4u>

Volunteer form:

<https://forms.office.com/Pages/ResponsePage.aspx?id=yuhP4vub80CrLmxBgIBO0a1baVOA72ICubHBoWI2EChUNFdERU9IVjdFMkJJnk9BOTBPUVJBTFVENi4u>

Sikh Religious Society, 1280 Winnetka Street Palatine

RESOURCES FOR NON-PROFIT STAKEHOLDERS

Many of us are doing business differently than we're used to. Whether you're working from home or providing services remotely, it is important to establish a routine. Below are links to trainings and tools from Executive Service Corps (ESC) that offer tips on how to make this transition.

Free ESC Trainings and Tools



[Nonprofit Stakeholders + the Coronavirus \(COVID-19\) \(Published Mar 2020\)](#)

[ESC's Video Conference Best Practices \(Published Mar 2020\)](#)

[How to Successfully Telecommute when Working from Home \(Published Mar 2020\)](#)

[Tips for Nonprofits Providing Remote Services \(Published Mar 2020\)](#)

[Steps to Conducting Virtual Office Hours](#)

[How to work at Home with Kids at Home \(Published Mar 2020\)](#)

More resources available on ESC's

website: <https://www.execservicecorps.org/covid19training>



RESOURCES FOR THOSE IMPACTED BY COVID-19

Questions on COVID-19

- Contact the **Illinois Department of PublicHealth's COVID-19** hotline at 1-800-889-3931 or email: DPH.SICK@ILLINOIS.GOV

Need/food assistance

- **Sikh Religious Society (SRS)** at 1280 Winnetka Street Palatine has set up a help line. If you know of someone who needs help, please feel free to pass this along:
Needs form:
<https://forms.office.com/Pages/ResponsePage.aspx?id=yuhP4vub80CrLmxBgIBO0a1baVOA72lCubHBoWi2EChUQkpQR1g4MjFXRzVZMDRTVVJMUIUzQzRNWS4u>
Volunteer form:
<https://forms.office.com/Pages/ResponsePage.aspx?id=yuhP4vub80CrLmxBgIBO0a1baVOA72lCubHBoWi2EChUNFdERU9IVjdFMkJINK9BOTBPUVJBTFVENi4u>
- **Meals On Wheels** -- Meal delivery for seniors - go to website <https://www.mealsonwheelsamerica.org/> and enter zip code for local agencies.
- **Palatine Township** – If you need assistance call 847-358-6700 or send an email to Reach@Palatinetownship-il.gov.
- **Path Community Closet and All Saints Church and Food Pantry**- information on front page
- **United Way**- may be a resource if you need assistance with food, healthcare, utilities, counseling, and other social services.

Immigrants and refugees

- Immigrant Family Resource Program (IFRP) Hotline at 1-855-IFRP-NOW (1-855-437-7669). While the hotline had recordings in multiple languages to provide information on public benefits, due to COVID-19, the hotline will be staffed by a live intake worker Monday thru Friday from 9:30am to 4:30pm in 8 different languages: Spanish, Arabic, Chinese (Mandarin), Korean, Polish, Russian, Vietnamese, English <https://www.icirr.org/ifrp>
- ICIRR Resources- Not only for immigrant and refugee families, but focused on those communities. https://docs.google.com/document/d/1_FkBIQh4AluGm3_rQAVBIHmDM-i5cxatvnloxElbmCc/edit
- Immigrant families are encouraged to seek medical treatment if necessary. COVID-19 testing, prevention and treatment cannot be used against immigrants.

Internet/utilities

- Comcast is offering two months of free internet to new low-income customers. They are also offering free wi-fi hotspots and other community support. You are eligible if receiving public assistance programs such as the National School Lunch Program, Housing Assistance, Medicaid, SNAP, SSI and others. <https://apply.internetessentials.com/> No social security numbers needed.
- Com Ed is imposing a moratorium on service disconnections and waiving new late payment charges through at least May 1. *Non-profits* may qualify for grants if having trouble paying their utility bill. <https://www.comed.com/News/Pages/NewsReleases/2020-03-13.aspx?fbclid=IwAR1UNvMKq-gEosuW0MIY32WanVGOS96RQsQWMaHEXNnFjICy2-pPPYON7no>
- On March 18th the Illinois Commerce Commission mandated all public utilities to suspend disconnections from service until May 1 or until the state of emergency is lifted. If your utility is disconnected, contact Office of the Illinois Attorney General <https://www.illinoisattorneygeneral.gov/>

Unemployment

- IL Unemployment Hotline - 1-800-244-5631
- Information about [Unemployment Benefits](#) and [how to file](#) for them.

Landlord Help

- The Metropolitan Tenants Organization can answer questions related to landlord-tenant problems including repairs, heating, hot water, pests, evictions, and security deposits. [Click here](#) to learn more or call 773-292-4988.

Mental Health Resource

- NAMI COVID-19 Resource and Information Guide - <https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf?>

Volunteers "Get Help" or "Give Help"

- United Way "Get Help:" Agencies submit form to be connected to volunteers: <https://docs.google.com/forms/d/e/1FAIpQLSeRuU24OWJPCi9S1Ryacidq-rS0xU5FCfI0Z6dHMDyDmO39Sw/viewform>
- United Way "Give Help:" Individuals submit form if they're interested and available to volunteer: <https://docs.google.com/forms/d/e/1FAIpQLSeogRwZN19O6IrxD42aOecPK0Dx-3TZQt401mZjr2i7XmBAQ/viewform>