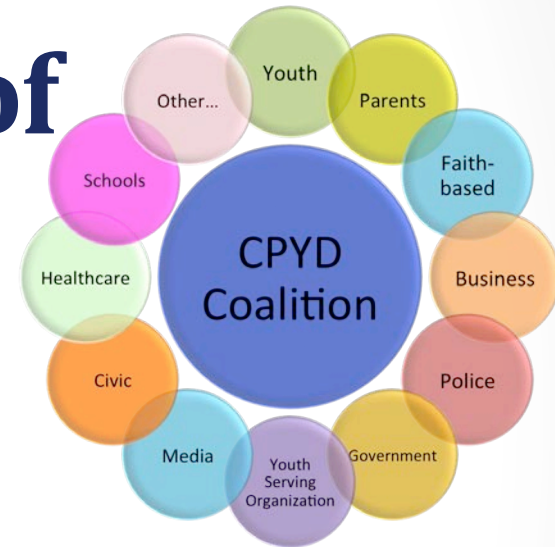


Communities for Positive Youth Development

Community Profile of Substance Use and Behavioral Health

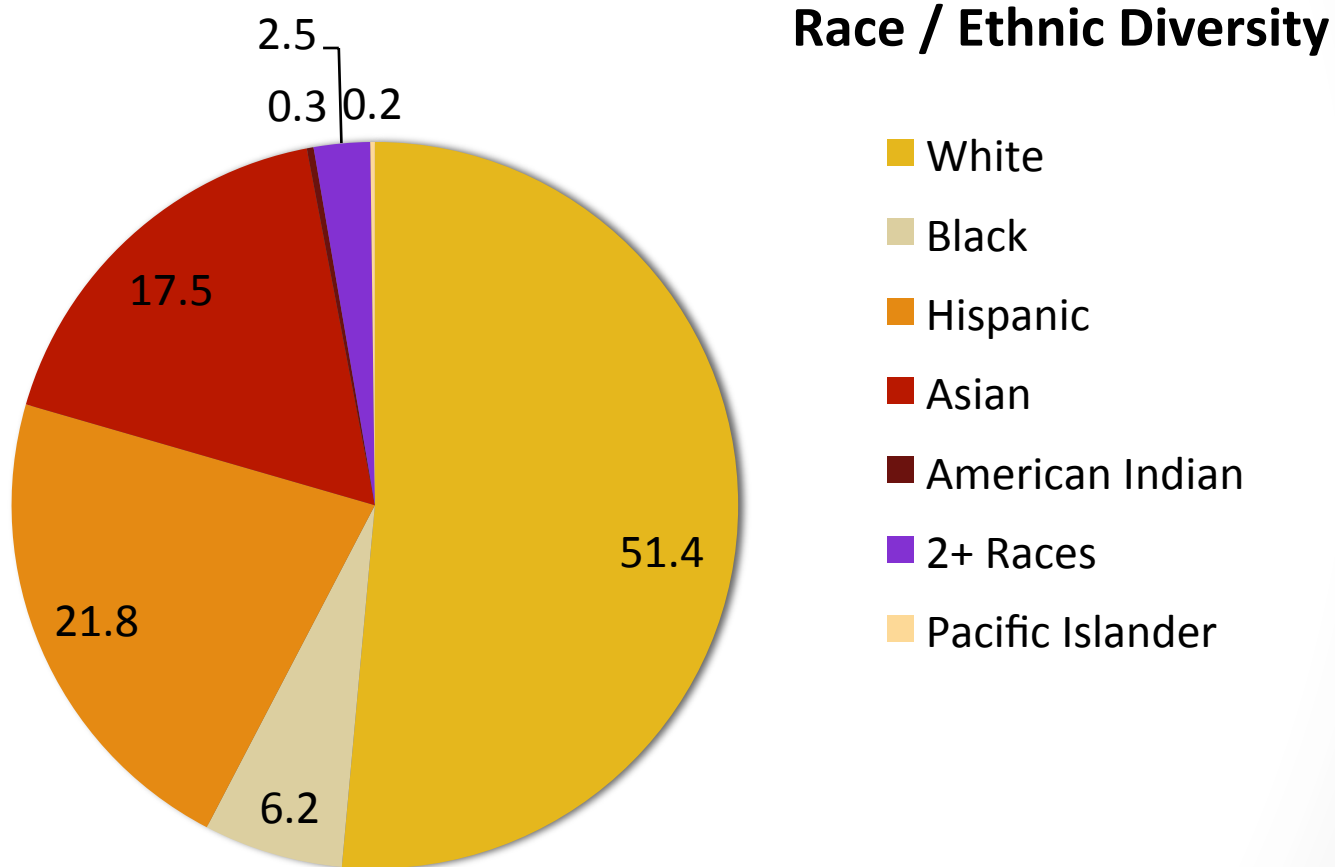


Sherrine Peyton, Community Organizer
Kenneth Young Center

KYC Underage Drinking Prevention Grant

- Hoffman Estates
- Palatine
- Schaumburg

District 211 Demographics



34.9% Free / Reduced Lunch

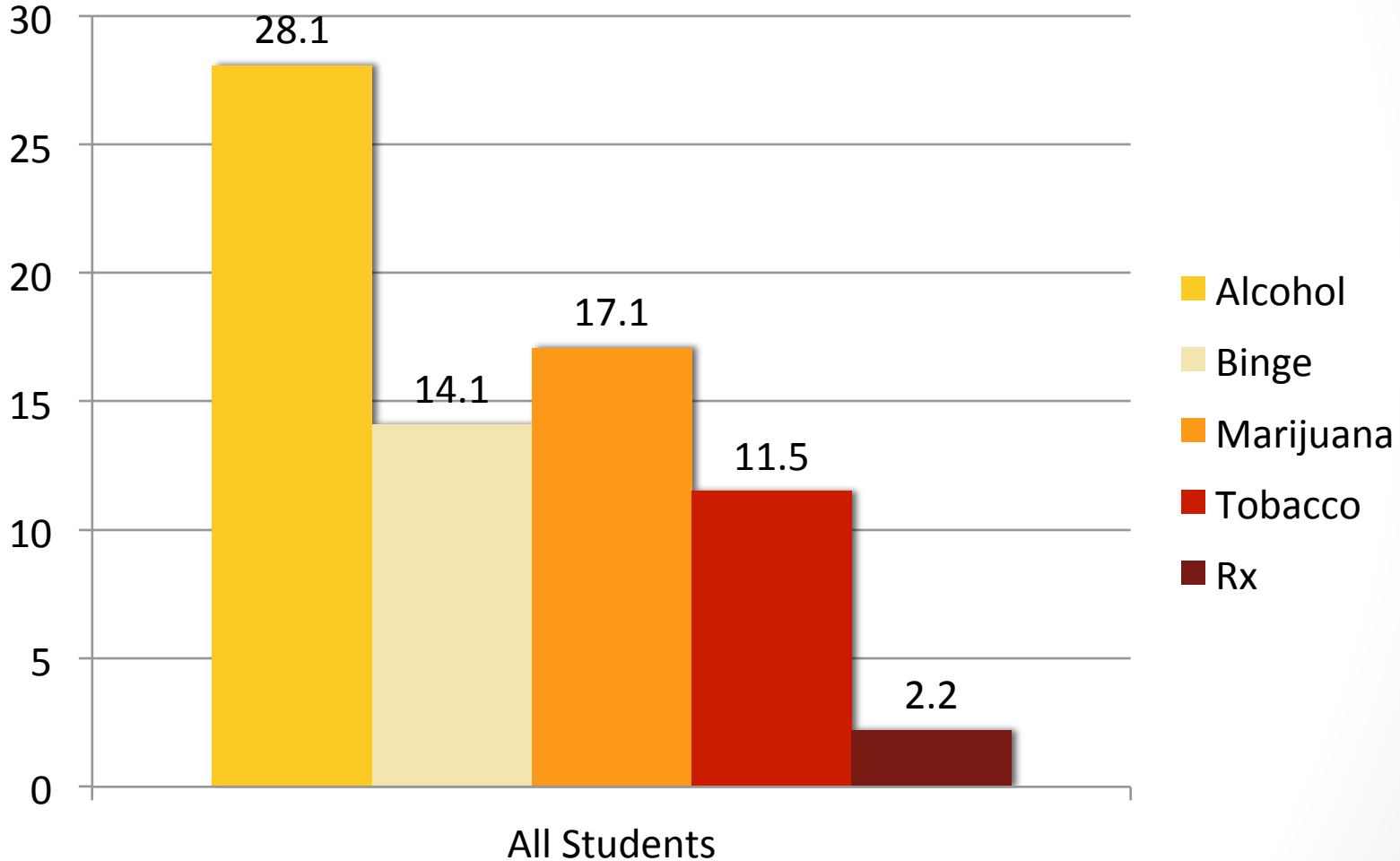


ILLINOIS YOUTH SURVEY

- Funded by the Illinois Department of Human Services.
- Free to all 8 – 12th grade schools.
- Self-report anonymous survey designed to gather information from youth:
 - Substance use, abuse, and perceptions
 - Violence and bullying
 - Perceptions of school climate and community
 - Depression
 - Nutrition and fitness
- Used by the coalition to assess and evaluate our efforts.

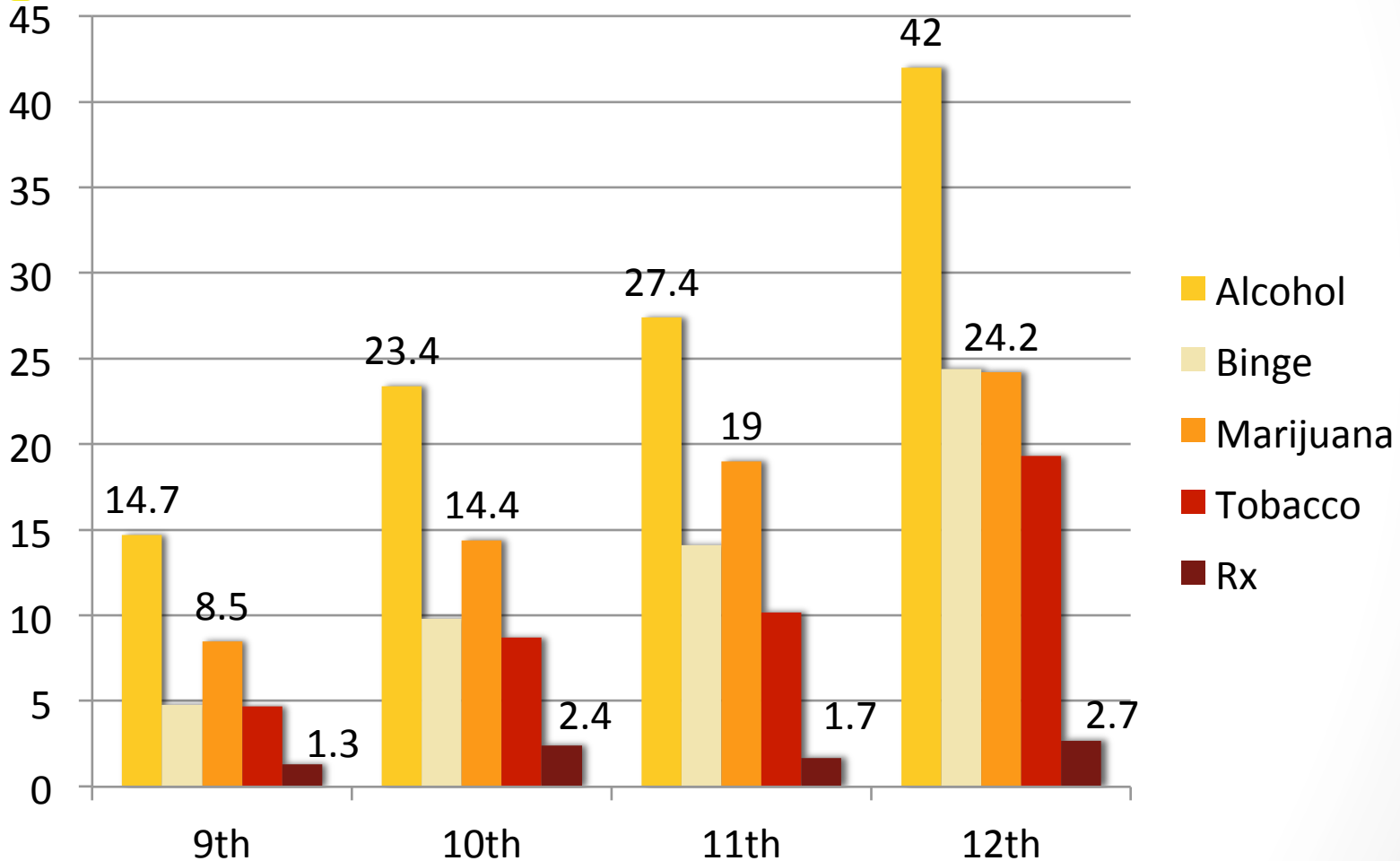


D211 30 Day Use Rate (%)







D211 30 Day Use Rate (%)



Youth Substance Use Rates: Alcohol, past 30 day usage





Past 30 day Alcohol Use	10 th grade	12 th grade
CPYD Community ¹	23%	42% 
State of Illinois ²	27%	44%
National ³	24%	37% 

¹ – 2014 Illinois Youth Survey, District 211 Community Report

² – 2014 Illinois Youth Survey, State Report

³ – 2014 Monitoring the Future Study

Youth Substance Use Rates: Binge drinking, past two weeks


Past two weeks binge drinking	10 th grade	12 th grade
CPYD Community ¹	14% 	24% 
State of Illinois ²	11% 	26%
National ³	13%	19% 

¹ – 2014 Illinois Youth Survey, District 211 Community Report

² – 2014 Illinois Youth Survey, State Report

³ – 2014 Monitoring the Future Study

Youth Substance Use Rates: Marijuana, past 30 day usage

Past 30 day Marijuana Use	10 th grade	12 th grade
CPYD Community ¹	14%	24% 
State of Illinois ²	17%	27%
National ³	17%	21%

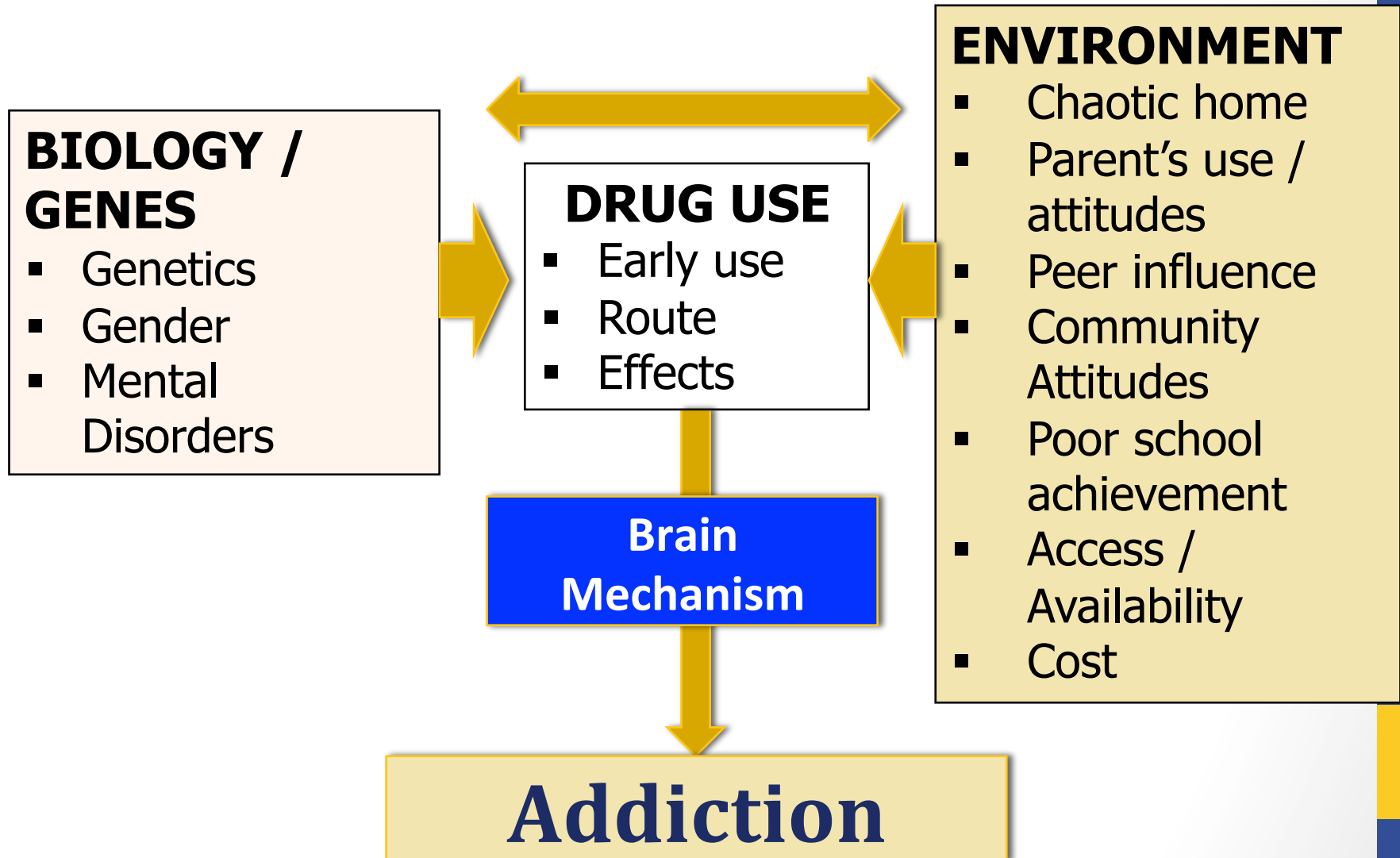
¹ – 2014 Illinois Youth Survey, District 211 Community Report

² – 2014 Illinois Youth Survey, State Report

³ – 2014 Monitoring the Future Study

Substance Use Contributing Factors

Contributing Factors to substance use

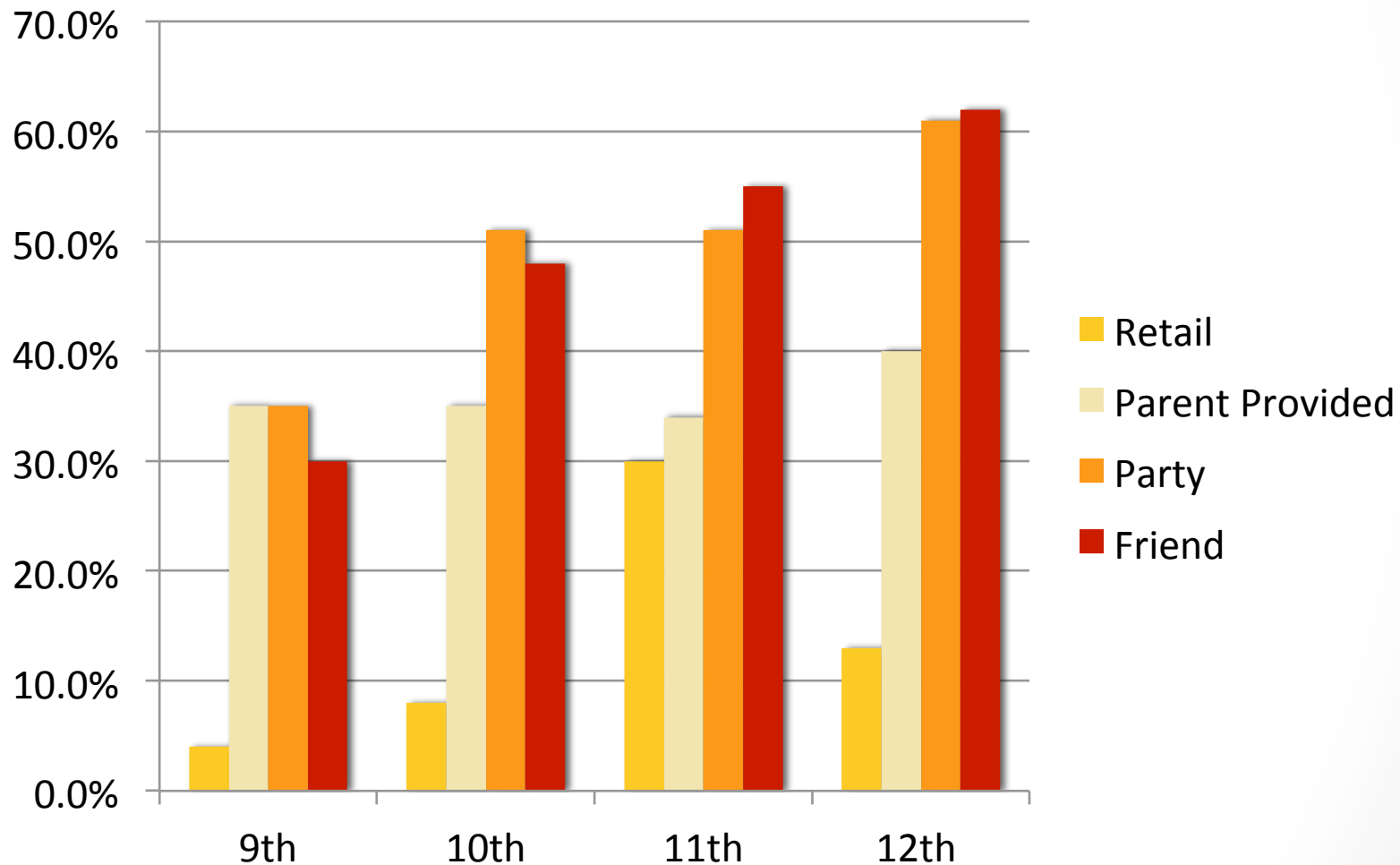


Environment: Parent Communication

‘In the past year, have your parent(s) or guardian(s) talked to you about not using...’

“Yes”	10th grade Alcohol	12th grade Alcohol	10th grade Tobacco	12th grade Tobacco	10th grade Marijuana	12th grade Marijuana
CPYD Community	53%	48%	42%	39%	49%	44%
State	53.5%	48.5%	47.7%	38.5%	53.6%	45.2%

Access to Alcohol



SUBSTANCE RELATED PROBLEMS

Alcohol-related Problems

Underage drinking contributes to a wide range of costly health and social problems, including

- injury and death from motor vehicle crashes
- interpersonal violence (e.g., homicides, assaults, and rapes)
- unintentional injuries (e.g., burns, falls, and drowning)
- brain impairment
- alcohol dependence
- risky sexual activity
- academic problems
- alcohol and drug poisoning

Underage Drinking Problems (2013)

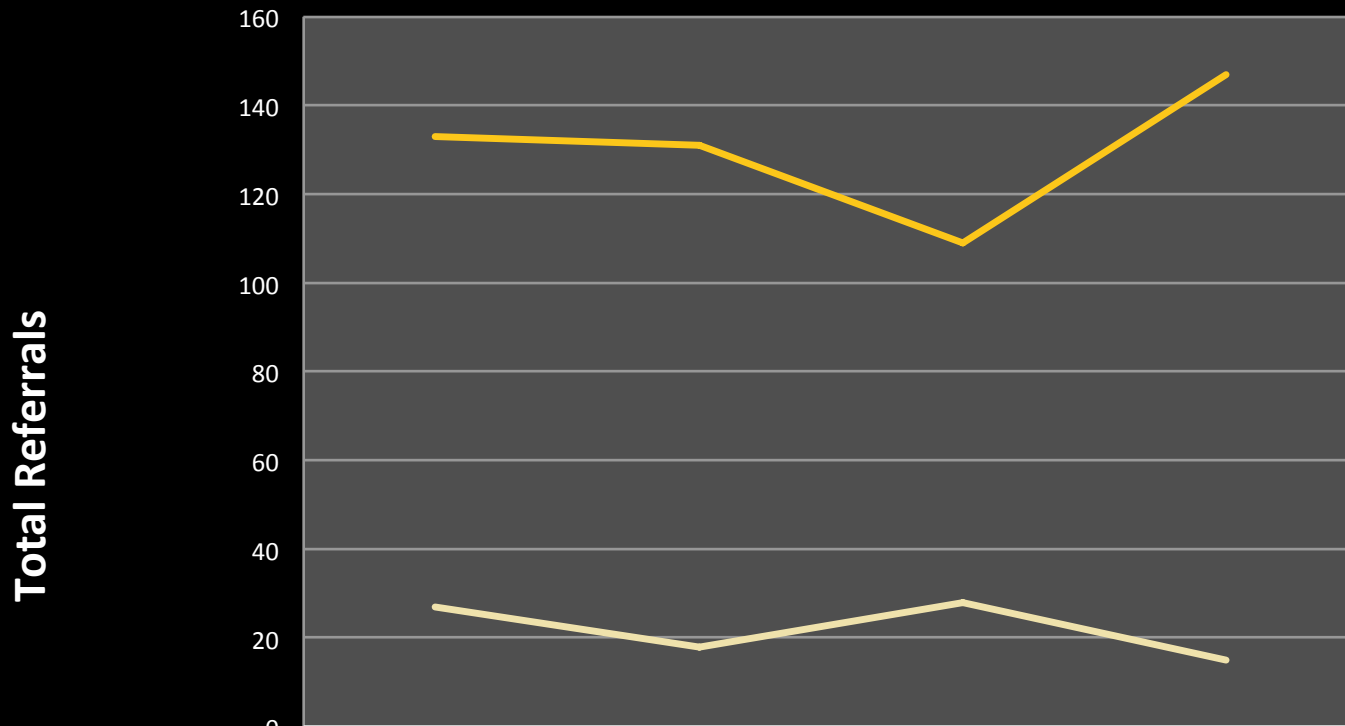
- 938,000 teens reported having risky sex after consuming alcohol
- 28,000 teen pregnancies happened while under the influence of alcohol
- Youth who begin using alcohol before age 15 are more than six times more likely to experience alcohol dependence or abuse than those who have their first drink at age 21 or older
- Excessive alcohol consumption contributes to more than 4,300 deaths among underage youth

D211 Substance Related Suspensions

	2013	2014	2015	2016
Drug Related Suspension	86	102	70	100
Alcohol Related Suspension	1	14	22	13

D211 Treatment Referrals

Drug and Alcohol Referrals through April



— Drug Referrals	133	131	109	147
— Alcohol Referrals	27	18	28	15

Solution: Evidence-based Prevention Strategies

Substance Use Warning Signs

- Mood changes
- School problems
- Rebellion
- Friends change
- “Don’t care” attitude
- See or smell evidence
- Physical or mental problems

Parent Strategies

- Clear expectations for behavior
- Open communication
- Opportunities for engagement within school and community
- Promote positive norms messages – “Most youth don’t...”
- Positive Peer Culture (e.g. Operation Snowball, Youth Advisory Council, other youth groups)
- Endorse Civic Responsibility/ Volunteerism



Conclusion

- Alcohol is the #1 abused substance by our youth.
- Our community is above the state and national averages on some substance and behavioral health issues.
- Social access must be addressed: Parents and youth are key in helping to reduce substance use.
- Data collection and utilization is important (2016 and 2018 Illinois Youth Survey).

Resources

American Foundation for Suicide Prevention

<http://www.afsp.org>

HelpGuide has information on the signs, symptoms, and effects of teen depression, as well as information on how to talk to a depressed teen.

http://www.helpguide.org/mental/depression_teen

NIDA for Teens provides the scientific facts and tips about drugs and drug abuse prevention.

<http://teens.drugabuse.gov/parents/index.php> **Link will open in a new window**

Marijuana: Facts Parents Need to Know provides facts about marijuana for parents and offers tips for talking with their children about the drug and its potential harmful effects.

<http://www.drugabuse.gov/publications/marijuana-facts-parents-need-to-know> **Link will open in a new window**

StopBullying.gov provides information from various government agencies on how kids, teens, young adults, parents, educators and others in the community can prevent or stop bullying.

<http://www.stopbullying.gov>

SAMHSA Find Treatment Locator

<https://findtreatment.samhsa.gov>

Local Resources

Kenneth Young Center

www.Kennethyoung.org

Gateway Foundation Alcohol & Drug Treatment

<http://www.RecoverGateway.org>

The Bridge Youth & Family Services

www.bridgeyouth.org

AMITA Alexian Brothers Behavioral Health Hospital

www.ABBHH.org

Sherrine Peyton

**Community Organizer / Strategic Prevention
Framework – Partnership for Success
Project Lead**

sherrinep@kennethyoung.org

Next CPYD Coalition Meeting

September 21, 2016

Trickster Native Art Gallery

10 a.m. – Noon

cpyd.coalition@gmail.com