

RE: 2025 Wellness Screenings for 2026 Insurance Premiums

Register for your wellness screening today:

Together with HealthCheck360 (HC360) we will be hosting our annual wellness screenings for 2025. Wellness screenings must be completed in order to be eligible for the insurance premium discount that will be equal to or better than what we have in 2025 (\$991.76 for single PPO coverage and \$879.44 for single HMO coverage and \$2,675.94 for family PPO coverage and \$2,372.87 for family HMO coverage). We encourage all insurance-eligible employees to participate, even if they do not enroll in health insurance. For employees electing family coverage, only the employee who is electing coverage is required to participate in the wellness program in order to qualify for the reduced premium. If you are both an employee and a D211 spouse, please make sure you screen as an employee and not as a spouse.

If you elect not to participate in the wellness program this summer or fall, and experience a qualifying life event at any point during the 2026 calendar year and need to enroll in the District's health plan, you will pay the full premium amount and not be eligible for the premium discount at any point in 2026.

Sign-Up starting July 1, 2025:

Register for your **free**, on-site (D211 location) or off-site (LabCorp location) wellness screening, which includes a health assessment, blood pressure screening, measurements and a comprehensive blood test. Screenings take approximately 12-minutes. The onsite screening technicians (eHealth Services) will continue to follow CDC recommendations and guidelines. HealthCheck360 created a short, easy to follow tutorial on how to schedule a biometric screening. You can access the tutorial [HERE](#).

You will need to *fast* before your appointment:

Please fast for 8-12 hours before your test. Drink plenty of plain water – no food or other beverages. If you are diabetic, pregnant, on medication, or have a medical condition that will prevent you from fasting 8-12 hours, please follow your doctor's instructions regarding fasting.

Reasonable alternative standard information:

If you are unable to participate in the wellness screenings due to a medical reason that your doctor will verify, which is required for you to earn an insurance premium credit under our wellness program, you may qualify for an opportunity to earn the same premium credit through an alternative course of action. This alternative course of action must be completed by October 3, 2025. Please contact Healthcheck360 at 866-511-0360 to ask HC360's support team about a reasonable alternative standard to qualify for the premium credit.

WELLNESS ONSITE SCREENING SCHEDULE

Wellness screenings are by appointment

<u>Location</u>	<u>Screening Date:</u>	<u>Timeframe:</u>	<u>Register By:</u>
Administration Center	Sept 3	6:30 AM - 12:00 PM	Aug 19
	Sept 4	6:30 AM - 12:00 PM	Aug 19
Conant High School	Aug 18	6:00 AM - 11:00 AM	Aug 5
	Aug 21	6:00 AM - 11:00 AM	Aug 5
	Aug 22	6:00 AM - 11:00 AM	Aug 5
	Aug 25	6:00 AM - 11:00 AM	Aug 5
Fremd High School	Sept 15	6:00 AM - 11:00 AM	Sept 2
	Sept 17	6:00 AM - 11:00 AM	Sept 2
	Sept 18	6:00 AM - 11:00 AM	Sept 2
	Sept 19	6:00 AM - 11:00 AM	Sept 2
Hoffman Estates High School*	Sept 9	6:00 AM - 11:00 AM	Aug 26
	Sept 10	6:00 AM - 11:00 AM	Aug 26
	Sept 11	6:00 AM - 11:00 AM	Aug 26
	Sept 12	6:00 AM - 11:00 AM	Aug 26
North Campus	Sept 4	6:30 AM - 12:00 PM	Aug 19
Palatine High School	Aug 26	6:00 AM - 11:00 AM	Aug 12
	Aug 27	6:00 AM - 11:00 AM	Aug 12
	Aug 28	6:00 AM - 11:00 AM	Aug 12
	Aug 29	6:00 AM - 11:00 AM	Aug 12
Schaumburg High School	Sept 23	6:00 AM - 11:00 AM	Sept 9
	Sept 24	6:00 AM - 11:00 AM	Sept 9
	Sept 25	6:00 AM - 11:00 AM	Sept 9
	Sept 26	6:00 AM - 11:00 AM	Sept 9
Administration Center	Sept 30	6:30 AM - 1:00 PM	Sept 16

* HEHS & Higgins Education Center screenings will take place at HEHS.

Your results are 100% confidential and will not be shared with District 211

Off-Site (LabCorp) Screenings:

You can participate in the screenings at an off-site lab starting on July 1, 2025. You may select a specific LabCorp location when you register via Healthcheck360 using your mobile device, online or by calling HealthCheck360 directly. When you register for an off-site screening on HC360, you will receive **a lab order to take with you to LabCorp**. Wellness screenings conducted by other providers or your doctor's office **do not** qualify you to receive reduced insurance premium rates.

Please note: if you do not participate in the Wellness Screenings through HC360 by October 3, 2025, you will not be eligible for the insurance premium reduction at any time during the 2026 insurance year.



Helen Miller
Director of Insurance and Group Benefits