

# WHERE ARE YOU STAYING TONIGHT?

- *My parents kicked me out.*
- *I don't want to go home.*
- *I'm just going to sleep in my car tonight.*
- *I'm staying with a friend.*
- *I'll just stay at the park; it's nice out anyway.*
- *I'm couch surfing.*

**IF YOU DON'T KNOW WHERE TO GO, THERE ARE PLACES THAT CAN HELP.**

## Connect to resources that fit your needs.

Referrals to:

- Emergency Shelter
- Temporary Housing
- Crisis Management
- Health Care
- Food and Clothing

## Fremd High School can help.

- See your school counselor now for assistance.
- Funding and other resources are available.

**Call 847-755-2630 to talk to a counselor.**

## OTHER PLACES TO GET HELP



**Are you 17 or younger?**

**1-877-870-2663**

**24/7/365**



**Are you 18 or older?**

**1-877-426-6515**

**M-F, 8:30 a.m. - 4:30 p.m.**

**If you need help staying in school or getting into school, call 1-800-215-6379**