

Take a Look at Fremd High School



***“A Tradition of Excellence...
Involvement, Service, and Leadership”***

- Fremd High School has been recognized by Newsweek as one of “America’s Best High Schools 2016 in the United States.
- Fremd had 131 Academic Scholars representing the highest grade point averages in the Class of 2017.
- Twelve students were National Merit Finalists in 2017
- There were 209 seniors named Illinois State Scholars in Fremd High School’s Class of 2017.
- 964 students wrote 2078 Advanced Placement Exams and 92% received grades of 3,4 and 5.
- One Fremd students achieved a perfect score on the ACT test.
- Two Fremd students were named to the Daily Herald Leadership Team (First Team).
- One Fremd student was named to the Northwest Suburban Academic Team.
- Two Fremd students achieved a perfect score on the Advanced Placement tests.
- Four Fremd students qualified to take the American Invitational Mathematics Examination (AIME) scoring in the top 20%.
- One Fremd student earned honors at the U.S. National Chemistry Olympiad.
- Four Fremd students were selected as part of the Northrup Grumman HIP (High School Involvement Partnership) program.
- Two Fremd students qualified as semifinalists in the U.S. Presidential Scholars Program.
- Fremd is an official Beta Testing Site for Motorola Incorporated. Advanced Physics students have tested various products since 1997, resulting in many design modifications.
- The Fremd Social Studies Department held a successful Poverty Awareness Week with donations including 2029 cereal boxes to the Palatine Township Food Pantry, \$375 raised from a hunger banquet for the pantry and 19,224 meals packed during the Service Night at Feed My Starving Children. During this week we also invited a peace Corps guest speaker (who was a Fremd grad) to share her experiences in Tonga. 12 Student visited a Habitat for Humanity build site in Elgin.
- The Social Studies Club offered several opportunities, both in-school and out-of-school, to supplement our students’ interest in the social sciences. Among our many offerings were trips to the Art Institute of Chicago, the Oriental Museum, the Field Museum, as well as, a visit with over 50 students to the Illinois Holocaust Museum in Skokie. We also offered several in-school movies celebrating Black History Month and Women’s History Month. Over 25% of our Fremd students participated in events promoted by the club.
- Viking Service Week 2017; donated 1084 cereal boxes to the Palatine Food Pantry, 36,072 meals were packed during service night at Feed My Starving Children, 12 Habitat for Humanity volunteers helped with framing and building garage and home.
- Student Council hosted a variety of activities throughout the school year including: Homecoming Dance, Powder Puff football game, Winterfest dance, blood drives, clothing drives, Teacher Appreciation Week, Spirit Days, and various community service projects.
- Over 1000 elementary school children enjoyed a Halloween festival sponsored by Fremd Student Council and activity groups.
- National Honor Society assisted many charities this year to help needy children and families. NHS contributed gifts for 300 needy children in Chicago through the Grant-A-Wish program, contributions of \$2000 to YHOP through a bake sale fundraiser and donations to the Palatine Food Pantry by the NHS members.
- The Fremd Music Association generously raised funds to donate to the music department in support of its many programs.
- The Fremd Booster club annually raises funds to finance wish list grants that go toward the purchase of equipment,

***See the next page for more reasons
for “Viking Pride!”***

More reasons for “Viking Pride!”

supplies, and apparel for our athletic and activity teams. Funds are also allocated to provide our students with an alcohol-free post prom experience at Navy Pier.

- Christie O'Donnell (English) and Bernie Fusco (science) won “Those Who Excel Awards.”
- 19 choir students selected to District 7 ILMEA Choir. 4 students selected All-State honors & All-State Choirs
- 23 Fremd Band students were selected for District 211 Honors Band.
- FHS Band: Performed at Disney Magic Kingdom parade, Outback Bowl halftime, New Year's Eve parade in Florida
- Jazz Ensemble and Symphony Orchestra Strings selected to perform at Illinois Music Ed. All-State Conference
- Every Fremd student experiences Writers Week, which has featured nearly 200 professional writers and dozens of student and faculty writers since 1995. In 2017, Writers Week featured 16 professional writers, 18 faculty members from 4 departments and over 100 student writers and performers.
- Four Fremd art students were selected to have their art shown at the 2017 Illinois High School Art Exhibition.
- Social Studies teachers encouraged many students to register to vote.
- Approximately 60 Fremd juniors and seniors were trained through the Cook

County First Judge Program and then served as election judges at precincts throughout Cook County.

- World History students in R.I.S.E. experienced Inside Ancient Egypt cultural exhibit at the Field Museum. They also toured the many artifacts and history of the The Ancient Americas at the Illinois Holocaust Museum.
- Fremd High School inducted 40 students into the International Thespian Society for 2016-2017.
- The graduates of the Class of 2017 received over 7.3 million dollars in scholarship awards.
- Science teacher Brad Graba had the cover story in the American Society for Biochemistry & Molecular Biology.

2016-2017 Activity Team Awards include:

- Speech Team: 3rd place MSL Conference, 1st place Regional Champs, 4th place Sectionals, 3 State medals
- Math Team: D211 Conference Champs, ICTM Regional Champs, 9th place State
- Robotics Team: awarded Fan Favorite Award @ D214 Robot Rumble
- 8 students won Harper Writing Contest awards.
- Chess Club: 9th place finish out of 149 teams at the IHSA State Competition.
- 7 Fremd students won BPA State Award Medals.; 4 qualified for Nationals

- Contest Play: IHSA Sectional Champs; 1 student names All-State Cast
- Group Interpretation: IHSA Sectional Champs; 4 students named All-State Cast
- Journalism Club: 3rd place sectionals, 4th place State
- Debate Team: Earned 16 medals at the State Competition
- Health Occupations Students of America (HOSA) received a 1st place, 2nd place and 3rd place award at the State Competition. 7 students earned a top ten spot in the State.

2016-2017 Athletic Team Awards Include:

- Boys Swimming: MSL Conference Champs
- Boys Basketball: Divisional Champs, Conference Champs, Regional Champs, Sectional Champs, Supersectional Champs, 4th place State
- Girls Basketball: Divisional Champs, MSL Conference Champs, Regional Champs, Sectional Champs, Super Sectional Champs, 4th place State
- Girls Gymnastics: Regional Champs
- Girls Badminton: Sectional Champs
- Boys Track: Sectional Champs
- Girls Volleyball: Divisional Champs, Conference Champs, Regional Champs
- Boys Wrestling: 1 State medalist