



# William Fremd High School

*Home of the Vikings*

MARK LANGER | PRINCIPAL

📍 1000 South Quentin Rd., Palatine, IL 60067

☎ 847.755.2600

🌐 fhs.d211.org

## Take a Look at Fremd High School

*“A Tradition of Excellence...*

*Involvement, Service, and Leadership”*

- Fremd had 129 Academic Scholars representing the highest grade point averages in the Class of 2023
- 21 students were named 2023 National Merit Semifinalists and 19 students were named National Merit Finalists in 2023.
- There were 187 seniors named Illinois State Scholars in Fremd High School’s Class of 2023.
- 1142 students enrolled in 2634 Advanced Placement Exams. More than 91% received grades of 3, 4 and 5.
- Three Fremd students achieved a perfect score on the ACT test.
- 12 Seniors recorded perfect attendance for all 4 years.
- 259 students achieved honor roll for 7 consecutive semesters.
- Nine Booster scholarships were awarded for the 2023 school year.
- Special Education teacher Patrick Craig was named a “*Those Who Excel*” award recipient.
- Nine Fremd students qualified to take the American Invitational Mathematics Examination (AIME) by scoring in the top 5% on the American Mathematics Competition (AMC). One student, Eddie Zhou, qualified for the USAJMO by ranking in the top 250 out of 350,000 test-takers on the AMC and AIME.
- Fremd High School was ranked 16<sup>th</sup> in Illinois by U.S. News and World Report.
- Fremd High School partnered with Special Spaces, a nonprofit organization that creates dream bedroom makeovers for children with cancer. FHS staff and students raised \$5000 and volunteered their time to help create a unique space for Team Samuel. In total, FHS has completed 4 makeover rooms for children in the Palatine area over the past 2 years.
- Fremd was designated as an Illinois Democracy School in 2018 by the McCormick foundation maintaining an interdisciplinary team that focuses on student voice, service learning and civic engagement.
- Since then, The Democracy Schools Team and the Social Studies Department remain committed to civic engagement, service learning, and registering students to vote.
- Fremd Social Studies cultivates service learning through the Civic Engagement Project completed during a student’s senior year social studies class in which students select a global goal from the UN Sustainable Goals and work on the goal through service to a local agency.
- The Social Studies Department coordinated and encouraged students to serve as election judges through the Cook county First Judge Program in the 2022-2023 school year, encouraged students to register to vote using the Illinois online voter registration, and will continue to encourage students during the 23-24 school year in junior and senior social studies classes.

- Fremd Social Studies Club honored Veterans by hosting a Veteran Pane that was coordinated and led by student leaders from across social Studies courses.
- 21 students participated in the first Educator Signing Day. All of these students have committed to pursuing a degree in the field of education.
- The French trip to France included 8 Fremd students, traveling to Normandy (Bayeux, D-Day beaches, Mont St. Michel), the Loire (Amboise & Chenonceau castles), the Versailles Chateau and Paris.
- 20 FHS students & 2 teachers traveled to Spain on the Spanish Exchange trip over 18 days this summer. Cities that were visited include Malaga, Antequera, Granada, Nerja, Frigilan, Sevilla, Madrid & Segovia.
- The annual, student led, Snoball retreat met to promote community and positivity. 16 adults and 34 student leaders volunteered their time to serve 130 participants in March.
- An Advanced Topics research student won a gold medal at the Illinois Junior Academy of Science State tournament for his research project titled “The Effects of Diethyl Phthalate (DEP) on the Reproduction of Daphnia Magna.”
- Fremd’s Spring Musical, *Footloose*, was in the top five Best Ensembles for Illinois High School Musical Theatre Association.
- The National Honor Society assisted many charities this year to help needy children and families. NHS contributed gifts for 300 needy children in Chicago through the Grant-A-Wish program, and coordinated a bake sale with the Youth Hunger Opposition in Palatine (YHOP) to benefit the Palatine Food Pantry.
- The Fremd Music Association generously raised funds to donate to the music department in support of its many programs.
- In the fall of 2022, eight members of Fremd Symphony Orchestra were selected for the Regional Illinois Music Educators Festival Orchestra. Four of those musicians were selected for the All-State Orchestras.
- For their annual fundraiser, the Fremd chapter of Tri-M (Modern Music Masters), a national music honor society, raised funds to support The People’s Music School in Chicago. The People’s Music School envisions a society where all children have access to the unique social, emotional, intellectual benefits achieved through musical excellence. We believe music is transformative and empowers the lives of youth, families and communities.
- During the 2023-2024 school year the Fremd Wind Symphony was recognized as one of the strongest band programs in the state of Illinois. The Wind Symphony was one of five bands selected for the ILMEA “All-State Conference”, with a featured performance in January at the conference. The band was also selected for the prestigious University of Illinois “SuperState Concert Band Festival”, which included a performance in the Foellinger Great Hall (U of I) in May.
- The Viking Marching Band was awarded 1<sup>st</sup> place honors (AA Division) at the Prospect HS “Knight of Champions” Marching Competition, as well as 3<sup>rd</sup> place honors (AA Division) at the Naperville Central “Marching Classic” Competition.
- The Fremd Bands traveled with 100 students during spring break 2023 to perform in New York City. While in NYC the band gave performances in Central Park, on the U.S.S. Intrepid, and a Broadway workshop with the conductor from “Beetlejuice”. The students also participated in numerous sight-seeing opportunities and two Broadway productions (“Hadestown” and “Wicked”).
- The Fremd Jazz Bands hosted their annual “Jazz and Java Concert”, performing alongside Brent Griffin Jr., a professional saxophone player and bandleader from Chicago.
- Bella Voce, the advanced treble choir, was selected by audition to perform for the All State Music conference in January, 204, hosted by ILMEA. Traditionally, only 6 choirs across the state are selected to perform.

- 13 choir students were selected for the regional choir and 4 went on to perform for the Illinois All State Honors Choir. Two choir students were selected for the National Honor Choir sponsored by NAFME.
- Bella Voce and Chamber singers participated in choir festivals at Carthage College and College of DuPage.
- A Cappella performed throughout the year at concerts and school events, including a tour to local assisted living homes.
- Science Teacher Jen Thorstenson was named a finalist for the Illinois Science Teaching Association (ISTA) High School Educator Award.
- Choir members sang with staff for the Homecoming Assembly.
- 35 music students were selected for Illinois Music Education Association District 7 Honors. In addition, 14 of these students were selected with All-State Honors.
- 36 students qualified for ILMEA District 7 and 13 students for ILMEA All-State.
- The Fremd Booster club annually raises funds to finance wish list grants that go toward the purchase of equipment, supplies, and apparel for our athletic and activity teams.
- Fremd High School inducted 23 students into the International Thespian Society for 2022-2023.
- An additional 2 students received the distinction of Honor Thespians while 2 more students achieved National Honor Thespian status.

## More Reason for “Viking Pride”

- **2022-2023 Activity Team Awards include:**
- BPA: 2 students won 1st place State Awards
- Scholastic Bowl: IHSA Regional Championship
- HOSA: earned 4- 1<sup>st</sup> place state medals, 21 students received state medals
- Math team won 4th place at the ICTM State contest. 20 students took home State medals
- Esports: MSL Champion in Smash Bros, Rocket League Team took 2nd place
- Speech Team: 2nd place MSL Conference with 17 individual medalists, end place IHSA Regionals
- Chess Club: 2nd place MSL Conference
- Debate Team: 5 State medalists, 2 State Medalists in Public Forum
- Student Congress: 4 State medalists

## 2022-2023 Athletic Team Awards include:

- Girls Badminton - MSL Champion, Sectional Champion and 2nd place at State
- Boys Tennis - Sectional Champion, 3rd place at State, 1st place State individual, 5 State medalists
- 21 student athletes signed their National letter of Intent.
- Coach Johnny Kent was named Illinois High School Tennis Coaches Association Boys 2A Regional Coach of the Year.
- Boys Water Polo: Sectional Champion
- Girls Soccer: Regional Champion

- Boys Volleyball: Regional Champion
- Boys Gymnastics: Regional Champion, 5th place State individual
- Boys Swimming: MSL Champion
- Girls Basketball: MSL Champion, Regional Champion
- Girls Golf: Regional Champion
- Girls Softball: Regional Champion
- Boys Track & Field: 9th place State medalist
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- Boys Lacrosse: MSL Champion
- Girls Swimming: MSL Champion
- Boys Soccer: Regional Champion, MSL Champion
- Girls Gymnastics: 5th place State medalist
- Girls Tennis: 3rd place MSL Tournament
- Wrestling: 3rd place State medalist