

JOIN A CLUB!

GET INVOLVED!



CONANT

ACTIVITIES

2019 - 2020

James B. Conant High School

Julie C. Nowak, Principal

Mark A. Langer, Assistant Principal/Activity Director

INTRODUCTION

A well-rounded education includes student involvement in activities, clubs, and athletics. Being involved in activities will introduce you to new friends and make your time in high school more enjoyable. Organizational and leadership skills result from working together effectively in planning school events and projects. Joining a club is a great way to develop leadership skills and make new friends.

I hope that the following activity information will interest you to participate outside the classroom. **WE** provide the opportunities and encouragement for you to become involved in **YOUR** school. **YOU** provide the participation.

Remember, education is the best investment you can make in yourself!

Julie C. Nowak
Principal

Mark A. Langer
Assistant Principal/Activity Director

SCHOOL COLORS:	Navy and White with a touch of Scarlet
TEAM NAME:	Cougars
ACTIVITY / ATHLETIC BUS:	4:35pm (Tuesday-Thursday) 6:10pm (Monday-Friday)

CONANT FIGHT SONG

Cougars fight for dear old Conant High
For our alma mater cheer.
Fight for Conant High School; never fear
For victory is near.
When the going gets so rough and tough
We'll never worry 'cause we got the stuff.
So fight, fight, fight for blue and white
And we'll go to victory.

COUGAR CHEER

Conant High, fight, fight, never die
Stand, cheer, go team, victory's near.
Rough, tough, Conant High has the stuff
Blue...White...Cougars...Fight!

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FALL

Cheerleading (Spirit)
Cross Country
Football
Golf
Soccer

WINTER

Basketball
Cheerleading-Comp
Swimming/Diving
Wrestling

SPRING

Baseball
Gymnastics
Lacrosse
Tennis
Track
Volleyball
Water Polo

ATHLETIC PROGRAMS-GIRLS

FALL

Cheerleading (Spirit)
Cross Country
Golf
Swimming/Diving
Tennis
Volleyball

WINTER

Basketball
Bowling
Cheerleading-Comp
Gymnastics

SPRING

Badminton
Lacrosse
Softball
Soccer
Track
Water Polo

SPECIAL INTEREST GROUPS

ART CLUB

Room 255

Mrs. Jamie Peterson jpeterson@d211.org

This fun and exciting club meets once a week after school. Students of all abilities are welcome. Participation will include doing art related work for the various school events and activities. Students will also be provided support for personal artwork and school related artwork. Art Club also helps with school fundraisers and supports school events. New members are always welcome.

AUTO CLUB

Room 176

Mr. Joe Tullo jtullo@d211.org

Auto Club is for students interested in cars, motorcycles or other vehicles. Students of all ages and skill levels are welcome. Participants must be current Conant High School students and have a completed activity emergency medical card. Auto club meets once a week in the auto shop, room 176. Many students work on their own cars, family cars, friend's cars, motorcycles or small engines. Students have the opportunity to watch and/or assist others as well as work on shop vehicles.

BPA (BUSINESS PROFESSIONALS OF AMERICA)

Room 236

Mrs. Patti Ertl, Mr. Matthew Marks, Mrs. Maren Hilgendorf
pertl@d211.org, mmarks@d211.org, mhilgendorf@d211.org

BPA is a competitive academic club that competes at the regional, state and national level. Students compete in the following areas of Business: finance, business administration, management information systems, digital communications and design, and management marketing & communications. It is strongly recommended that members be enrolled in Business Education courses while a member of this club. This is a great way for students to explore different areas of business.

CHESS TEAM

Room 222

Ms. Sam Serrano, Mr. David Jonen
sserrano@d211.org, djonen@d211.org

The Chess Team is open to all students interested in playing chess. Students of all skill levels are welcome. Competition between students in the club helps to improve chess skills.

CHINESE CLUB

Room 205

Mrs. Lichien Chan lchan@d211.org

The Conant Chinese Club allows students to spend time with other students who have an interest in the Chinese culture. We celebrate homecoming, Chinese festivals and participate in the International Fair. We play Chinese board games, Chinese Yo-Yo, Kung-Fu Fan, etc. All students are welcome.

CODING CLUB (CompSci Kids)

Room 247

Mr. Rich Cortez rcortez@d211.org

CompSci Kids is an extracurricular activity where students share their knowledge with younger kids about computer science. Students do not need to have prior experience with computer science to join, as they will be instructing on the basics. They will be teaching kids in grades 1-8. This is a great way to not only get more experience in computer science, but also to help younger students in the community.

COLOR GUARD (FLAGS)**Room 247****Mrs. Victoria Krueger** vkruieger@d211.org

Color guard, or flags, is the visual performance element to our marching band show. We twirl a variety of equipment, including tall flags, swing flags, and rifles. The color guard is an important contribution of the audience appeal of the marching program, particularly in our performances at halftime shows, during assemblies, and at the Schaumburg September Fest Parade. No experience is necessary to join our program – we will teach all the skills necessary through Open Houses in the spring and at our required weeklong band camp over summer.

COMPETITIVE DANCE/POMS (CHARRELLES)**Multi-Purpose Room****Ms. Danielle Zyrkowski** dzyrkowski@d211.org

The Charrelles are Conant's Pom-Pon Squad. There are two squads: Varsity and Junior Varsity, each consisting of 20-24 members. Membership for Varsity is open to any sophomore, junior, or senior who qualifies through tryouts. Membership for junior varsity is only open to incoming freshman through seniors qualifying through tryouts. The main focus of the Charrelles is to encourage school spirit through performances at pep rallies and the half time shows of football and basketball games. Members practice on Tuesday, Wednesday, and Thursday. The season begins with summer practices and continues until the end of competition season, typically ending in March. The Charrelles uphold pride not only in themselves and their squad, but in their school too. To be eligible for selections and participation in interscholastic athletics, a member must have a satisfactory physical examination, have a District 211 parent permission form, be passing four units of credit during the period of participation as well as the previous semester, and meet other state requirements dealing with residence, as well as school attendance.

COUGAR PALS (PEER-ASSISTED LEARNING & SERVICE)**Room 147****Ms. Kelly Anderson, Ms. Josie Garcia, Ms. CathyAnn Smith**
kanderson@d211.org, jgarcia@d211.org, csmith@d211.org

PALS is a peer mentoring group that involves students from all academic levels and programs, that work together on community service projects, tutoring, and social activities throughout the year.

CULTURAL AWARENESS CLUB**Room 208****Mrs. Amy Spizzirri** amspizzirri@d211.org

The Cultural Awareness Club's goal is to provide members an opportunity to explore their own culture and learn appreciation of other cultures. Through group presentations, showcases, field trips, participation in seminars, and discussions, members are given the opportunity to explore and experience the customs and individualism of all cultures at Conant High School. There are also exchanges with other cultural awareness clubs in the district. The club's main event is the International Fair, a showcase of food, dance, music and culture of the student's in Conant High School.

DEBATE/STUDENT CONGRESS**Rooms 211/212****Mr. Zia Nathan, Ms. Elizabeth Schlender** znathan@d211.org eschlender@d211.org

Debate Club's aim is to empower students with the skills of expressing their beliefs clearly and concisely, public speaking and effective communication in a formal setting, and staying aware of current events in the world. The Congressional Debate team reenacts the legislative process. Team members write bills, give speeches, and debate bills with teams from other schools. There is one meet each month and student moderators run the sessions. Awards are voted on by the student debaters and presented at the end of each meet. Public Forum works with similar topics, while researching current publications and news sources. Teams of two debaters speak to defend (pro) or oppose (con) the assigned topic. Both forms of debate are an Illinois High School Association activity and debaters have a chance to advance to the state championship meet at the end of the season.

ELECTRONICS CLUB**Room 176****Mr. Joseph Tullo** jtullo@d211.org

Electronics Club is a student run organization for anyone who has an interest in technology, engineering, electronics, and RC cars. Students work on a variety of projects and challenges such as bridge building, cardboard boat designs and electronic circuits. All students are welcome to participate.

FASHION/FOODS CLUB**Room 172****Mrs. Fatima Candia** fcandia@d211.org

Join us as we make fashionable projects and cook delicious treats. We meet after school twice a month. All grade levels welcome and we accept new members at any time of the year.

FCCLA (Family, Career, Community Leaders of America)**Room 170****Mrs. Jacqueline Brown** jbrown@d211.org

This club is for students within Family and Consumer Sciences who compete in the areas of Careers, Child Studies, Culinary, Fashion and Design at the school, regional and state levels.

FELLOWSHIP FOR CHRISTIAN STUDENTS**Room 134****Mr. Matt Meyer/Mr. Doug Dannewitz** mmeyer@d211.org, ddannewitz@d211.org

We are an all-inclusive club that welcomes students of any background! The club focuses on helping others at Conant and in the community. We discuss current and historical events and how we can best respond/make sense of them in our lives.

FILM CLUB**Room 200****Mr. Luke Jenner** tjenner@d211.org

Want a chance to learn or develop your skills with digital media arts, graphic design, or video? This club is for you! Come join a team of digital artists and gain real world skills such as client work, portfolio building, and media publicity. Film/Media Club creates and designs videos, posters, t-shirts, and logos for various organizations around the school!

FINANCE CLUB**Room 241****Mr. Steve Kurfess** skurfess@d211.org

We meet to discuss anything that has to do with investing and money. Some topics we discuss include individual stocks, mutual funds, long and short term investing, credit cards, loans, scholarships, retirement accounts, and checking and savings accounts. This club helps to spark interest in the stock market and shows how to save and prepare for a solid financial future.

FRENCH CLUB**Room 248****Mrs. Vicki Chriske-Hines** vchriskehines@d211.org

This club is open to all students interested in the French language and/or culture. Join us for field trips and great cultural experiences. We celebrate homecoming, National French Week, and participate in the International Fair in the spring. We also prepare to host exchange students from France. All grades are welcome!

GAMING CLUB**Rooms 175/177****Mr. Eric LeBlanc** eleblanc@d211.org

Gaming club meets to discuss different electronic games and techniques for successful play. League of Legends competitions are organized between schools. Other games are discussed and played.

HOSA (HEALTH OCCUPATIONS STUDENTS OF AMERICA)**Room 181****Mr. Erik Hauser, Sharon McCoy** ehauser@d211.org, smccoy@d211.org

HOSA is a national student organization recognized by the U.S. Department of Education and the Health Science Education (HSE) Division of ACTE. HOSA promotes career opportunities in the health care industry and allows students to apply and expand their knowledge of the health care field. HOSA empowers students interested in pursuing medicine and health care and gives them a chance to network with students and authoritative figures in this field. HOSA is in 46 states and Puerto Rico.

LATINOS UNIDOS CLUB**Room 226****Mrs. Ophelia Hernandez** ohernandez@d211.org

Our club's goal is to raise cultural awareness to Latinos in the community. We are about the celebration and education of Latino culture. Our activities help share information with our school and community. Everyone is encouraged to join our club.

MATH TEAM**Room 247****Mr. Richard Cortez** rcortez@d211.org

The Math Team is a competitive team, which participates in Math, meets throughout the year. Competitions include the North Suburban Math League, the District 211 Math Meet, and the state competition. All students are welcome to join.

MODEL UNITED NATIONS**Room 226**

Model United Nations, also known as Model UN or MUN, is an extra-curricular activity in which students typically role-play delegates to the United Nations and simulate UN committees. This activity takes place at MUN conferences, which is usually organized by a high school or college MUN club. It is an excellent way to learn to negotiate, research, plan, and speak. It is useful in any intended area of study and career.

MEDICAL CAREERS CLUB**Room 129****Ms. Victoria DeGuia** vdeguia@d211.org

The Medical Careers Club gives you the opportunity to learn about many different careers related to the medical field. In addition, guest speakers talk about colleges, scholarships, and other programs available. The Medical Careers Club also supports other school wide activities.

NATIONAL HONOR SOCIETY**Auditorium****Mrs. Jacqueline Brown, Mr. Jeff Stewart** jbrown@d211.org, jstewart@d211.org

Membership is based on outstanding scholarship, character, leadership, and service. Juniors and seniors with a 3.0 average are eligible. The society sponsors an annual induction ceremony for members and their parents. The organization provides service to the school and community.

OPERATION SNOWBALL**Room 107****Mr. Richard Bauer** rbauer@d211.org

Operation Snowball is an exciting prevention program founded on the belief that, through adequate information and self-understanding, every person has the capacity to make sound decisions and positively influence others. Operation Snowball is a 15-hour daylong retreat for all Conant students and is designed by teens, for teens. Students selected for membership in Operation Snowball coordinate the retreat, and receive extensive training throughout the school year in-group facilitation, leadership, and communication skills. The retreat uses presentations, workshops, activities, and small group discussions to emphasize responsible decision making skills and creating a positive peer culture at Conant.

OUTDOOR ADVENTURE CLUB**North Gym****Mr. David Cromer** dcromer@d211.org

Camping, canoeing, biking, and spelunking are some of the activities that this club enjoys. If you like the outdoors or want to learn more about the wilderness, this club may be for you. The objective of the club is to provide an opportunity to plan trips, meet people, and enjoy nature.

PEP CLUB (COUGAR CRAZIES)**Room 201****Mr. Luke Jenner, Ms. Kathryn Sall** tjenner@d211.org, ksall@d211.org

Be a part of the fastest growing club at Conant. We attend sporting events and cheer on our Cougars. Members pick themes for each event and then show the world our Cougar spirit. Join this club if you like to yell and cheer.

PHOTOGRAPHY CLUB**Room 253**

This club is open to all students who share an interest and have experience with wet darkroom photography. The individual members of the club pay for supplies. Students are welcome into come to work on individual photographic projects or school projects. There is a onetime \$10.00 lab fee for use of chemicals and other lab supplies. Photography club members also participate in larger school events such as Homecoming hall decorating and Bunny Eggstravaganza.

PING PONG CLUB**Outside Auditorium/2nd Floor****Mr. Caleb Cochrum, Mr. Kevin Mogge** ccochrum@d211.org, kmogge@d211.org

Join Ping Pong! Meet new people and learn techniques to ace the best. Conant has four ping-pong tables for our use.

PRESIDENTS' FORUM**Room 250 or Room 111****Mrs. Monika Aubin, Mrs. Bina Rubinson** maubin@d211.org, brubinson@d211.org

Presidents and team captains are invited to attend our meetings. We discuss school-wide events and share organizational directions.

PRIDE (MENTORS)**White Team****Mr. Austin Sobey, Mrs. Brittany Mendoza, Mrs. Jodie Weintraub, Mrs. Jennifer Langer**
asobey@d211.org, bmendoza@d211.org, jweintraub@d211.org, jlanger@d211.org

Want to become a teacher or give back to Conant? PRIDE is for you. Members work with freshmen to help them be successful in high school. Open to Juniors and Seniors.

RISE (REACHING INDIVIDUALS BY SUPPORTING EVERY GIRL)**Room 116****Ms. Yvette Jones** yjones@d211.org

RISE creates positive change both globally and in our community. Our goal is to promote that girls are important and that their opinions matter. Important topics are discussed that affect girls in our community-socially and culturally. We work with the local community by assisting in their effort to connect to the community and fundraise to help support refugee girls in other countries. The club meets every other week.

ROBOTICS CLUB**Room 175****Mr. Eric LeBlanc** eleblanc@d211.org

Be a part of building something. . A robot. The club creates a robot that will compete against other schools' robots in a race to see who the best is.

SADD (STUDENTS AGAINST DESTRUCTIVE DECISIONS)**Room TBD****Mr. Jason Sherko** jsherko@d211.org

Drunk driving kills nearly 5,000 high school students a year in this country. Conant is not immune. Several of our own students and graduates have died in alcohol-related crashes. S.A.D.D. is a club run by students to educate their peers about the risks and to create a positive peer pressure: drinking and driving must become socially unacceptable. The club's activities include sponsoring needy families during the holiday season, supporting an alcohol free prom, and promoting sober drinking through speakers and special events.

SAGA (SEXUALITY AND GENDER ALLIANCE)**Rooms 125/125****Mrs. Paula Hill, Ms. Ashley Langley** phill@d211.org, alangley@d211.org

A student-run club that brings together LGBTQ and straight students to support each other, provide a safe place to socialize, and create a platform for activism to fight homophobia and transphobia.

SASA (South Asian Student Association)**Mrs. Jennifer Langer** jlander@d211.org**Room 227**

The South Asian Student Association works to spread knowledge of Indian Culture.

SCHOLASTIC BOWL**Room 281****Mrs. Lauren Pieper** lpieper@d211.org,

Scholastic Bowl, which is sanctioned by the IHSA, has weekly practices for both the freshman and sophomore team and the Varsity team. Conant participated in MSL conference meets. The purpose of the organization is to promote excellence in academics and to promote teamwork. Students answer questions in several categories: Science, Math, Social Studies, Literature, Fine Arts, Language Arts, Industrial Arts, Business, and Sports.

SCIENCE OLYMPIAD**Room 283****Ms. Tracy Galla** tgalla@d211.org

Science Olympiad is a club that competes in many categories of science, including biology, chemistry, physics, earth science and engineering. Students might build a tower or a robot, or they might do a chemistry experiment; they may even use forensic science to solve a crime! Each student chooses and prepares to compete in a few events, but overall, it is a team competition. This is a great club for pursuing areas of science that interest you and maybe even help you decide on a future career in a scientific field.

SERVICE CLUB**Mrs. Paula Hill, Mrs. Lori Stella** phill@d211.org, lstella@d211.org **Rooms 125/126**

This club works together to help people in need. Locally, nationally and internationally we work to change the lives of others for the better. Come and make a positive difference in the world.

SOCIAL STUDIES CLUB**Room 211**

The club is open to students who are interested in the social sciences. The committees include The Political committee, which debates current events and offers internships with office holders in political campaigns. The Homecoming Heroes committee help to honor students who have died in military service and collects items for various veteran help groups. The Genealogy committee researches family history and will help you to discover your roots. The Paranormal Committee investigates unexplained phenomenon. Finally, Frankly Speaking is a lighthearted political talk show that deals with issues important to teenagers. These meetings will typically meet before school.

SPEECH TEAM (FORENSICS)**Room 120****Ms. Vera Bass** vbass@d211.org

Speech team is an IHSA activity where students have the opportunity to compete in 14 different events, each appealing to various speaking skills and interests. Students with a passion for the written word, current events, and/or performance art will find that speech team offers something for everyone. Speech team builds a confidence that will serve you throughout your life! No prior experience is necessary, only an interest in developing your speaking skills and being a part of a team!

TECHNOLOGY CLUB (INTERNET)**Media Center****Mr. Paul Kim** pkim@d211.org

Love computers, like to play on line games, call yourself a geek, then this club is for you. We meet to discuss how to improve our computers, discuss gaming techniques and have a great time talking technology.

ULTIMATE FRISBEE**Second Lot****Mr. Jeff Robinson** jrobinson@d211.org

Be part of a new club that competes against other schools. The sport of Ultimate Frisbee involves players running and throwing a flying disc in an action-packed, fun-filled competitive environment.

WOODWORKERS CLUB**Room 173****Mr. Jeff Robinson** jrobinson@d211.org

Make a difference at Conant High School! Do you like the display in the library for our nation's heroes? Leave your mark here at Conant by helping us make some school projects. Wood Workers are involved in a variety of school projects as well as personal projects. This club meets once a week from late November until the end of the school year for students to learn about processes and materials used to make furniture, skateboard ramps, sub-woofer boxes and many other fun projects.

WRITERS' CLUB**Room 122****Ms. Heather Munao** hmunao@d211.org

This club is open to any student interested in writing. Members meet on a regular basis and share their own material as well as create new material.

WYSE (Worldwide Youth in Science & Engineering)**Room 281****Ms. Lauren Pieper** lpieper@d211.org

The WYSE team is a competitive team in seven areas: Math, Physics, Biology, Chemistry, English, Computer Fundamentals and Engineering Graphics. Students can advance from local to regional and state competitions. Students who love to solve problems should think about trying out for WYSE and taking our placement exam

PUBLICATIONS

CONAVITE - Conant Yearbook

Room 214C

Ms. Camille Lutz clutz@d211.org

Published annually, the **CONAVITE** is a nationally recognized yearbook. Students meet weekly; layout, style, and themes are the primary focus for the yearbook. The **CONAVITE** yearbook includes student portrait pictures, academic and athletic pictures, as well as candid photos taken throughout the school year. The yearbook is created to showcase student life and activities for the current year through pictures and captions. Be part of making a memory for your peers that will last a lifetime. Be on the Conavite staff.

CRIER – Conant’s Student-Run Newspaper

Incubator Room

Mr. David Gwizdala, Ms. Kathryn Sall dgwizdala@d211.org ksall@d211.org

The Crier is Conant’s student-run newspaper. Previously published once a month, the *Crier* has now gone digital and regularly publishes new material on our website, **conantcrier.com**. *The Crier* publishes school news, feature stories, sports, opinions, entertainment reviews, videos, and more. Required full-staff meetings are held every two weeks to brainstorm ideas and to discuss our vision, while staff members communicate daily through email and in person. Editors of the newspaper lead teams of reporters, columnists, photographers, and more in providing the most relevant, informative, and interesting content for our audience. This club appeals to a wide variety of interests—from writers to photographers, from video editors to graphic artists—and to those who feel they have something meaningful and important to offer the Conant community.

TAPESTRY - Conant's Fine Arts Magazine

Room 251

Mr. David Gwizdala dgwizdala@d211.org

Tapestry is Conant’s literary/fine arts magazine and is published each spring. You can contribute to *Tapestry* in two ways: 1) Submit for publication your own creative writing, artwork, photography, or other creative media, or 2) Join the club as an editor and make decisions on publicity, material selection, format, and layout. Editors *can* contribute their own work as well. Works are judged anonymously, and decisions are based on originality, expression, and execution. The club meets periodically in the fall to brainstorm ideas for the year’s publication and then once a week from December through April. *Tapestry* highlights the wonderful creative talents of the student body and provides an opportunity for beginning artists to publish their creative work.

STUDENT GOVERNMENT

STUDENT COUNCIL

Room 250

Mr. David Moravek, Mrs. Karla Modelski, Ms. Monika Aubin

dmoravek@d211.org, kmodelski@d211.org, maubin@d211.org

Student Council is the organization designed to foster school spirit and to serve the entire student body. General membership is open to any student who is interested in being actively involved in school activities. Officers are elected in the spring of each year. In addition to planning school dances such as Homecoming and Turnabout, Student Council's other activities include a student blood drive, school assemblies, a canned food drive, participation in local and state leadership seminars, and other holiday, spirit, and community events throughout the year. The council serves to relay student concern and opinion to the administration through regularly scheduled meetings between the Student Council president and the principal. General assembly meetings occur on a rotating period basis once per month in the auditorium. All work sessions are held in the Student Council office in room 250. Updated information can be found there or on our website. Work Sessions occur on Tuesdays and Thursdays after school. Come join Student Council!

CLASS COUNCILS

Each class selects officers to run the Class Councils. Class Council activities help students learn how to accept responsibility through participation and in the leadership of committees. Organizational skills are developed through setting deadlines and meeting them. The goal of each class is to develop class spirit and to better the class.

FRESHMAN CLASS

Room 171

Mrs. Katherine Koopman kkoopman@d211.org

The Freshman Class Council plans fundraisers such as candy cane grams and hot chocolate sales. We also participate in adopt-a-family and other community service activities.

SOPHOMORE CLASS

Room 170

Mrs. Angela Drenth adrenth@d211.org

The Sophomore Class Council plans fundraising and annual dodgeball competition; participates in Adopt-a-Family, Feed My Starving Children and working basketball concessions.

JUNIOR CLASS

Room 202

Mrs. Jodie Weintraub, Ms. Jennifer Stearns jweintraub@d211.org, jstearns@d211.org

The Junior Class Council plans fundraising and the junior-senior prom.

SENIOR CLASS

Room 209

Mr. Eric Jacobsen, Mr. Steve Kurfess, Ms. Karla Modelski

ejacobsen@d211.org, skurfess@d211.org, kmodelski@d211.org

The Senior Class Council plans graduation and senior breakfast. The yearly fundraising supplies each class with money to support the prom and breakfast.

FINE ARTS

CHORUS

Room 169

Mr. Tim Koll tkoll@d211.org

Conant choir students are offered a wide range of educational and performing opportunities. All types of students are enrolled in one of three daily classes. Conant singers start in the freshmen ensemble and work through the Women's choir (if applicable), and then have an opportunity to audition for the mixed Concert Choir. Approximately every other year choir students are invited to depart on a performance tour comprised of singers from all three groups. Besides this opportunity to travel, students are invited to audition for festivals in and out of the district to supplement our annual concert season.

CONANT THEATRE

Mrs. Shayna Adelman, Ms. Katie Apperson
sadelman@d211.org, kapperson@d211.org

Auditorium

Conant Theatre produces three major productions each year: fall musical, winter play, and spring play. Participation in the musical lasts from August through late October. The winter and spring plays alternate between comedic and dramatic works and take place December to January and January to March, respectively. In addition to these productions, students may participate in the Improve Troupe, which practices and performs throughout the year starting in November.

All productions involve acting, set building, lighting, sound, make-up, costumes, props, house, and publication crews. Students who work 150 hours or more are eligible for membership in the International Thespian Society.

MUSICAL PRODUCTION

Auditorium

Ms. Katie Apperson, Mr. Tim Koll kapperson@d211.org, tkoll@d211.org

Conant Theatre produces a musical in the fall of each year. Students must audition to be in the cast; however, opportunities on multiple technical crews are available without an audition. Productions last from August to late October. Come be a part of our first production of the year!

ORCHESIS

Ms. Danielle Johnson, Ms. Stephanie Gray
djohnson@d211.org, sgray@d211.org

Multi Purpose Room

Orchesis is Conant's dance club. It consists of a varsity and junior varsity group and is open to freshman through seniors. Tryouts take place shortly after Homecoming week. Varsity Orchesis performs at pep assemblies, basketball games, the variety show and the fine arts/improv show. All Orchesis members perform in the final dance show in May.

VARIETY SHOW

Music Area

Mr. Tim Koll tkoll@d211.org

Conant students prepare, audition, and act of their choosing--not limited to but including: dance, vocal, instrumental, comedic, performance and dramatic acts. Those acts accepted will perform approximately three weeks after auditions. In the intervening time, the accepted acts return for scheduled rehearsals to prepare for their live performances. Two – three performances are presented in the auditorium for a paying audience. In addition, students interested in hosting the show and working technology, set construction or painting may join our V-Show crew. Come show off what you can do and what make you special.

INSTRUMENTAL MUSIC

CONCERT BAND

Room 160

Mr. Kreg Moorhouse, Ms. Leann Roder-Manson

kmoorhouse@d211.org, lrodermanson@d211.org

The Concert Band is composed of all freshmen students and serves as the training organization for the auditioned bands for sophomores through seniors. The Concert Band meets the first period each day and participates in a minimum of four concerts throughout the year.

GUITAR CLUB

Room 107

Mr. Edgar Huerta **ehuerta@d211.org**

Learn how to play the guitar. This club meets once a week and will take students with all abilities to a higher level. Beginner students are welcome!

JAZZ ENSEMBLE

Mr. Kreg Moorhouse **kmoorhouse@d211.org**

Room 160

The Jazz Ensemble is an extra-curricular activity of the band program of Conant High School. With this advanced ensemble, rehearsals are held before and/or after school during the school year, generally mid-October through mid-March. Membership is limited by instrumentation and ability, selected by audition. The musical selections are also geared to meet the specific students' abilities.

JAZZ LAB BAND

Room 160

Ms. Leann Roder-Manson **lrodermanson@d211.org**

The Jazz Lab Band is an extra-curricular activity of the band program of Conant High School. In this beginning to intermediate ensemble, rehearsals are held after school and/or evenings during the school year, general mid-October through mid-March. Membership is limited by instrumentation and ability, selected by audition. The musical selections are also geared to meet the specific students' abilities and focus on jazz style and improvisation techniques.

MARCHING BAND

Room 160

Mr. Kreg Moorhouse, Ms. Leann Roder-Manson

kmoorhouse@d211.org, lrodermanson@d211.org

The Cougar Marching Band is a volunteer performing ensemble composed of current band students in grades 9 – 12. The Marching Band practices for one week during the summer and one evening each week during the school year. They perform at assemblies, the September Fest parade and the half time of all home football games.

MODERN MUSIC MASTERS (TRI-M)

Music Area/A160

Ms. Leann Roder-Manson **lrodermanson@d211.org**

The Tri-M Music Honor Society is the international music honor society for high school students that motivates and recognizes musical achievement. There are nearly 2,900-chartered chapters throughout the world. The objectives of Tri-M are simple: to increase student and school involvement with music and to strengthen and unify the school music program. There are four requirements for being in Tri-M.

1. A student must have been enrolled in a high school band, choir, or orchestra for a minimum of two semesters.
2. A student must have a G.P.A. of 3.0 or higher in academic classes.
3. A student must have a G.P.A. of 3.5 or higher in any or all music classes.
4. A student must be in good standing with the entire music faculty.

Active Tri-M members involve themselves in many activities both in and out of school. They act as ushers for many of the music performances. Tri-M members also travel to Chicago to see cultural performances.

ORCHESTRA**Room 169****Ms. Devin Godzicki** dgodzicki@d211.org

Conant string students are offered a wide range of educational and performing opportunities. All students are enrolled in one of three daily orchestra classes and receive weekly technique classes on their individual instruments. Freshmen enroll in C-124 Concert Orchestra, and upperclassmen enroll in C-224 Philharmonic Orchestra. All students have the option of auditioning into the elite Symphonic Orchestra (C-324), a chamber group of very advanced performers. All groups combine with the top wind and percussion students for some pieces, in addition to a performance with the top choir. Students are eligible to audition into the District 211 Honors Orchestra, which rehearses a few evenings at the host school in January and performs the second Saturday in February.

SCHOOL OF ROCK**Room 169A****Mr. Matt Wiley, Mr. Vinnie Rizzo****Schoolology Group PGV64-48ZDP** mwiley@d211.org, vrizzo@d211.org

School of Rock, otherwise known as SOR, is an extra-curricular activity at which students improve their music talents, develop music groups or individual acts, improve their performance skills, practice recording techniques and learn the ins and outs of being in a band. The club meets once a week and has interdisciplinary connections with music, business (marketing), applied technology (electronics), English (lyric writing) and art (photography, flyers and web page design). Use your SOR time to get ready for the Variety Show, Open Mic nights or a band showcase! Whether you are in a previously formed band, want to form a new band or you want time to practice an instrument, the School of Rock is for you!

SYMPHONIC BAND**Room 160****Mr. Kreg Moorhouse, Ms. Leann Roder-Manson**kmoorhouse@d211.org, lrodermanson@d211.org

The Symphonic Band membership is determined by audition and meets sixth period each day. Members are expected to have command of their musical instrument such that they are able to display musical maturity in technique, tone production, and musical interpretation. The Symphonic Band presents a minimum of four concerts throughout the year.

WIND ENSEMBLE**Room 160****Mr. Kreg Moorhouse, Ms. Leann Roder-Manson**kmoorhouse@d211.org, lrodermanson@d211.org

The Wind Ensemble is the most advanced band at Conant High School and meets fourth period each day. Wind Ensemble is involved in a minimum of five performances given at Conant. Other community performances may also be expected as part of this group. Students for full orchestra wind section and the pit orchestra are generally selected from this ensemble. Membership is by audition only.

WIND SYMPHONY**Room 160****Mr. Kreg Moorhouse, Ms. Leann Roder-Manson**kmoorhouse@d211.org, lrodermanson@d211.org

The Wind Symphony membership is determined by audition and meets fifth period each day. Members are expected to have command of their musical instrument such that they are able to display musical maturity in technique, tone production and musical interpretation. The Wind Symphony presents a minimum of four concerts throughout the year.

ATHLETIC PROGRAM

Students at Conant can compete in athletics in three programs, which include physical education classes, intramurals, and interscholastic sports. Conant High School competes in interscholastic athletics in the following areas: Badminton, Baseball, Basketball, Bowling, Cheerleading, Cross Country, Football, Golf, Gymnastics, Lacrosse, Soccer, Softball, Swimming, Tennis, Track (Indoor and Outdoor), Volleyball, Water Polo, and Wrestling .

Conant is a member of the Mid-Suburban League. League members are Prospect, Wheeling, Fremd, Palatine, Schaumburg, Rolling Meadows, Elk Grove, Conant, Hersey, Hoffman Estates, Buffalo Grove and Barrington. In addition to the league games, the teams play many non-conference games. At the end of all seasons the schools are involved in Illinois High School Association sponsored state tournaments. Please refer to the beginning of this booklet for a complete listing of all boys and girls sports.

To be eligible for participation in interscholastic athletics, the athlete must have a satisfactory physical examination, have a District 211 parent permission form, submit a signed insurance understanding card, be passing the sum of five units of credit during the period of participation as well as the previous semester, maintain a GPA of 2.0 or higher, pass all classes and meet other state requirements dealing with residence, school attendance, out of school competition in sports, outside awards, and age limits. Additionally, students and a parent will need to attend a Chemical Awareness meeting. In all sports, the coaches recommend the athletes for awards based on participation, training, sportsmanship, cooperation, and attitude.